Agnihotra Philippines Forum 9 Aug 2010

Dearest agni friends,

It has been more than a year and a half since you last heard from me through this forum. Hope the absence did not diminish your interest and practice of agnihotra in your own farms, gardens, businesses, offices and homes. There are a number of "new" practitioners after 2008 December (which was the posting date of the previous issue), and they reported similar quantum healing and other benefits, like in their production, general health improvement, family harmony, cleaner air, more pleasant spaces, etc. There also have been several newsletters from abroad that came my way, and some of them had been shared with you who are in my earlier email list. Reading materials have piled up so I am now in the process of putting together some prints and e-copies about agnihotra, for those who would like a ready collection of resources. I can send some in cd format or make some photocopies, given certain arrangements. Many of those in the collection can also be found in the internet.

Before the updates, I would just like to share with you one inspiring sky phenomenon that I recently experienced...rainbow clouds and sky one sunset in UP Los Banos, seen on June 17. Photos were taken by friends as we were nicely interrupted in our meeting by the beautiful sight. Maybe the meteorologists would have a different interpretation of it, but it was just breathtaking for the lay spectators.

Please constantly send in your suggestions, comments, and testimony on agnihotra. Maybe we can birth a new and collective impulse on agnihotra, or a derivative of it, in the Philippines and do something great and quantum for the earth! Don't we all feel how severe our weather has been? How great it would be if all those who already have the agnihotra pyramid continue do the sunrise and sunset agnihotra everyday. With this little effort we can make our planet earth happier. The solution to climate change is truly in our hands, but we do need to exercise a strong WILL to actualize it.

"Knowing is not enough; we must apply. Willing is not enough, we must do." Johann Wolfgang von Goethe

All the best!

Pam Fernandez, Los Banos, Laguna <u>http://agnihotraphilippines.blogspot.com/</u> <u>http://agnihotraphilippines.multiply.com/</u>





Rainbow clouds one sunset time, on June 17, 2010

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My Earth work

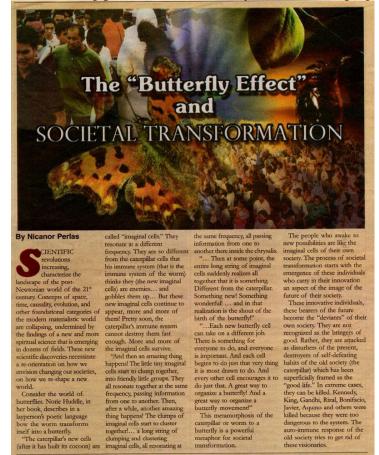
1. Quantum societal change through involvement in New Politics. One thing that made me really busy last year (2009), especially during the first part of this year, was my getting involved (sort of volunteer) in the presidential campaign for New Politics and New Philippines, with Nick Perlas as candidate. You'll know why if you visit <u>http://www.nicanor-perlas.com</u>; <u>http://perlascebu.blogspot.com/2010/03/15-reasons-why-im-campaigning-for.html</u>. I wanted to contribute in the nation's quantum healing through a different kind of political work. It was a great experience and I believe we made significant headway towards changing consciousness

(which is prerequisite to authentic change in any sphere of society) and widening the "formative field" for the emergence of a new country. The number of agnihotra practitioners and advocates also increased significantly as I met new people during the campaign period. Now they are part of the "imaginals" group, trying to build a new image for the Philippines and a new "field sphere" that would be the starting point of a new reality, renewed country. This is through the "butterfly effect".

The concept of "butterfly effect" for societal transformation figured strongly in the campaign (http://www.nicanor-perlas.com/Multimedia/the-butterfly-effect.html). One of the aims of the campaign was to identify and activate "imaginal cells" (people and initiatives) that are strategic, visionary and traverse the path of the spirit. These "cells" spell the image of the future, and if a critical number or mass (of people with the same consciousness) is reached, the image of the future which the imaginal cells carry in their consciousness, will become reality. At the moment there is a movement that has emerged out of the new politics initiative. It is called MISSION for Movement of Imaginals for a Sustainable Society thru Implementation, Organization, and Networking

(<u>http://www.imaginalmission.net/newjoomla/index.php?option=com_content&view=article&id=</u> <u>33:what-is-the-mission&catid=7:mission</u>). More of it is given in a separate file.

The following photos tell a little story about the campaign.



12 PHILIPPINE PANORAMA SUNDAY, FEBRUARY 5, 2006

An article

An article written by Nick Perlas on Butterfly Effect.



A photo of Nick Perlas, the presidential candidate,

with me (Pam) in the background; taken pre-agni,time, in the early 90's, when our short course participants in Sustainable Agriculture visited his biodynamic farm in Quezon City. Perlas introduced biodynamic agriculture, another quantum agriculture practice like agnihotra-homa farming.

One significant thing that happened during the campaign period was the "walk" or sort of pilgrimage, which we called the "Lakaran". The 4-day 400 km walk was a spiritual journey towards an awakened Philippines. Here is a bit on the event: *It is about... the Independent Presidential candidate Nicanor Perlas and his supporters and volunteers who undertook the historical Lakbay Maharlika (Noble Journey, lakaran or walk for New Politics and a New Philippines from May 5-8,2010. .. The lakaran, which in ancient pre-colonial Philippines means a walk to elsewhere, symbolized the journey from our fallen nature towards our resurrected nature – the walk of transformation. The group traced the roots of the unfinished Philippine revolution from the time of Hermano Pule to the murder of Andres Bonifacio, from Lucban, Quezon to Liwasang Bonifacio, Manila to symbolize the nation's desire for the emergence of the New Philippines through New Politics. To view slides of the Lakaran please visit http://www.jagatrubio.com/lakbaymaharlika , and to know more about it, visit http://www.nicanor-perlas.com/News/lakbay-maharlika-starts-in-lucban.html.*



Pam had the chance to help carry the Sto Nino de Cebu part of the way.

The Lakaran had a prelude in Cebu City; it was tagged the "Lakaran, Pasyon, Rebolusyon at Resureksyon". The group walked with the image of the Sto Nino de Cebu from the Basilica del Sto Nino to the Image of the Mother at the Guadalupe Shrine (cave) on April 30. This is some 5 km or 3 hour walk, with stops to read and elaborate each of the 6 pillars of the campaign. Here is a bit on the event: *The Cebu Lakaran is a walk in reflective group prayer for clean, safe, just and free elections and for the fulfillment of the Six Pillars towards a New Civil Society. We intended this event to not be about Nick Perlas nor his campaign per se, but about a movement towards a new vision for a more authentic and vibrant Philippines.*



Cebu Lakaran with the Sto Nino de Cebu



An agnihotra session at home; I put flyers of the

candidate, planting the intention for and vision of peaceful and "ascended" election process.

2. Quantum societal change through an Exhibit-Fair: "Quantumizing seed, agriculture and

food". I should also tell you about a 4-day event which I organized with students and other "imaginal cells" last year, on Sept 29-Oct 2, 2009. This time it was about my work in the cultural sphere. The event was held at the university (UPLB) with close to 100 exhibits. You may find

more about this in my blogspot and multiply sites

(http://agnihotraphilippines.blogspot.com/2010/05/sunset-agnihotra-exhibit-at-up-los.html). http://agnihotraphilippines.multiply.com/). What an involved event it was, and it took much joy and challenge to prepare, and to do the documentation as well. Therein were my personal work, my students' and of some friends in the network who are doing something strategic for societal change, mostly through the cultural/civil society realm. It was societal threefolding at work! Wonderful also to get international contribution from Lee and Fritz (Om Shree Dham) of Australia; they sent their intention and posters (powerpoints), and to Henk Kieft from the Netherlands for his quantum agriculture powerpoint. Dr Norman Uphoff of Cornell University also came to share some global insights and updates on SRI or the System of Rice Intensification. Horst Hellmann from Germany, and a 4-cyle Waldorf teacher (some 38 years) provided lots of insights and writings about the human being; these were under the umbrella of Waldorf education and anthroposophy. Indeed the soul of the exhibit-fair was to rightly develop the human being, taking into consideration its 4-fold aspect (the physical, life force, soul and spirit).

Can you imagine that the 4- day event and the preparation/setting up was visited by a strong typhoon ("Ondoy" or "Ketsana"), 2 days before the event, and threatened by another ("Patrick"), 2 days into the event? A challenge indeed because our venue was in an open lobby of the Crop Science building. The second one hit other areas of the country hard, but skirted us. We would like to think it was because we summoned the "forces" to keep the typhoon away and spare us! The overall documentation, divided in parts, are in powerpoint format. We did 4 days sunset agnihotra daily during the event (see photos below).



Sunset agnihotra at the "quantum" exhibit-fair venue; attended by students, staff, farmers, NGO, and other friends.

More information about the event. The event was a form of a WILL and DOING exercise for students, and an awareness-raising for the general public on "positive news" and new developments in science. Highlighted were quantum concepts and approaches, as well as initiatives that greatly impact agriculture, the seed, and food. The impetus of the event was 2-fold: my own chaos and challenges on one hand, and the rapidly changing earth on the other hand. The following gave the force behind the intention:

- Students are no longer interested in agriculture, no longer want to come to class, no longer care if they fail, and are very sickly. Students are feeling the divide- learning in the classroom vs learning outside the domain of classical education.
- Teachers are running out of solution; are desperate! Universities are feeling the pressure to meet new impulses: millennial students or generation-me ("y" or "I" gen); silent emergence of "network universities"; challenged "life-force" of the academe.
- Academe is mostly oblivious of the new movement.
- People are asking serious earth or cosmic level questions in relation to daily lives. They are feeling afraid, cynical and apathetic; helpless in the midst of strong dehumanizing and earth threatening forces.
- Human reality: ill-health, non-capacity to heal the self & the earth; Social apathy... Cynicism... Paralyzed will!
- People do not realize that there is great power for change that resides in the individual.
- Organic agriculture adoption is slow, consumption is low. It, therefore, cannot be the solution to the current challenges.
- Solutions to agriculture problems focus on symptoms rather than on the cause or the root of the problem.
- Planet Earth is undergoing major shifts. The environment is getting unpredictable and harsh to its inhabitants.
- The science of "quantum" that has come in past few decades has yet to be seriously and consciously tapped to help address seemingly gigantic challenges.
- There is a great need to understand the role of UPLB... as lead "carrier" of science, and the caretaker of Mt Makiling. Its role needs to be defined vis a vis the fact that Mt Makiling is the center of the center of the ring of fire! The volcano seems to be sending messages.
- There is a great venue and opportunity to highlight a unifying and quantum approaches to food, seed, agriculture and health. If we are to meet the challenges in a creative yet highly effective way, quantum approach would be the way.
- Consciousness on the right food is weak. Quantum food is key to changing consciousness. Rudolph Steiner had said that "the continued evolution of humanity is a question of nutrition" and this means not only nutritious and "clean" food, but also food with high life force. Thus, we ended the event with a quantum food festival, and most people knew that they were drinking and eating food with agnihotra ash, among other quantum stuff.



Quantum food festival on the last day; other days served free quantum drinks and snacks.

The exhibit-fair was a strategic and continuing effort to nurture the seed of transformation that had been planted a few years back in the academe (Seed Fair 2005). In between these two events was when agnihotra was born, that is in March 2007, a few months after the very strong typhoon, "Milenyo" ("Xangsane") in September 2007.

Topics that were featured. The exhibit was studded with booths containing a wide range of subjects. There were also workshop or activity sessions (*like on meditation, agnihotra, wheatgrass preparation and consumption, magnet and scalar energy healing, inner dance and other quantum healings such as massage, magnets), intention experiments such as changing pH of water, spiritual diet, etc. I am so grateful for friends who came all the way from their far away homes to render their own earth and life-work: Dom-an Macagne for her nose flute and peace advocacy, Tony Cooper with his earth domes and subtle energy management of weather and other earth forces, and many more who joyfully participated. Dr Susan Balingit for pragmatic wellness and healing thoughts and approaches. Other friends' participation were virtual as they could not make it especially because of the typhoon or the distance. Great to have colleagues, friends and family members who offered their spiritual energies, minds, helping hands, and resources. They helped make the topics all encompassing. The following list would give a general perspective on what else were featured:*

- new consciousness, new science, new approaches, new seed, real nature of nature, of humans, of animals, of plants
- changing society through one's unique capacities and purpose in life; changing reality through one's thoughts, new consciousness
- alternative or quantum agriculture, seed, and food concepts and approaches; initiatives, enterprises
- a scientific sunrise sunset practice that quantumly heals all around it
- quantum experiments to manifest QUANTUM phenomenon (this is discussed in the latter part of this forum)
- the reason for seemingly miraculous and/ or superstitious phenomena. Nature's invisible beings... Science can explain them. The nature spirits are given special corners along with the nature elements that they represent
- People who tapped knowledge/information/secrets from the universe; the mystics, saints, healers, etc., and the science behind the phenomena
- alternative... medicine, health management, lifestyle, education, extension.

3. Om Tryambakam practice. I would like to share here that I am starting to practice Om Tryambakam but have yet to make it regular and more prolonged... it always felt nice after each session. One gets energized but calm. Such practice is described in one of the materials that I sent to you earlier as part of the kit. The mantra is given below and in the appendix (with explanation):

Om trayambakam yajaamahe Sugandhim pushti - vardhanam Urva - rukamiva bandhanan Mrytor muksheeya ma – amritaat. The meaning of the mantra may be readily found in the internet (e.g., http://www.omkarananda-ashram.org/Publications/mahamrityunjaya mantra.htm).

Sharing from agnihotra practitioners, ash users

4. Amazing light in the photo during an agnihotra session. The one below was taken from Guimaras (Western Visayas region) on one sunset agnihotra session (the shot was made just on the first swaha by our Pabinhi farmer extensionist Gerry Garingalao) last December, using a digital camera. The farmers who attended could not believe how such thing had happened. We are still unsure what to make of it.



Is this a camera effect or something that was really there and which was captured by the camera when the first "swaha" was intoned?

5. Orbs appeared around agnihotra time? Another photo below shows a part of the house where agnihotra was just performed by another agni convert, Shalom Villalva, who is a student of mine. You can see "orbs" (her earlier photo showed none). This is again another out-of-the ordinary discussion when it comes to phenomena related to agnihotra. Orbs have been reported

captured in agnithora events, e.g. as described in Satsang vol 33 no. 6 1996 found in <u>http://www.agnihotra.org/sat306.htm</u>



Camera flaw or real orbs in an area where

agnihotra was performed?

What are Orbs? Here is something from the net... Orbs are a recently new phenomenon that have been captured with the introduction of digital cameras in the 1990's. They were first thought to be malfunctions by the camera makers but to this day the manufacturers claim these "orbs" to be microscopic particles floating in the air. Orbs have been accepted, certainly in the psychic community, as real evidence of spirit presences whereby they are supposed to represent the essence, or soul of a departed spirit...

Another description: it is believed that true orbs are made from energies. The misleading orbs come from dust particles, humidity, pixel distortions, or even bugs....

Yet another take on orbs... "Many people think that orbs are physical entities, others think that they are spirit entities, and still others think that they are merely artifacts associated with light scattering from airborne particulates..."I have and extensive background in both traditional science and psychoenergetic science and had a decade-long 'dance' in the 1970s with anomalous photographic phenomena (Kirlian photography and Stanislav O'Jack), so perhaps it is reasonable that I 'throw may hat into the ring' on this one and add my perspective to the unfolding adventure... "After carefully reading the materials provided by Miceal Ledwith, D.D., LL.D., and Klaus Heinemann, Ph.D., I am most impressed. After reflecting for some months on the data and my own psychoenergetic science modeling of nature, I have come to the conclusion that the appearance of 'orbs' in and around the planet Earth at this time is not accidental. My intuitive view is that it is a part of a heightening of awareness brought about partially by the elevation in human thinking and partially by the increase in energies directed toward this planet by mostly benign life-forms existing in both traditional (unseen) dimensions. My working hypothesis is that the orb phenomenon should be looked at as a positive experience for humanity, as just the first of a variety of communication manifestations to appear in the unfolding adventure of our future.... http://www.greatmystery.org/newsletters/ps_scienceorbs.html

6. Quantum healing of students in my class. Shalom Villalva and Peter Del Rosario, both students of mine in ecological agriculture last semester (2009-2010), have shared their agni experience in our blogger and multiply sites. Visit the sites for their posting.

http://agnihotraphilippines.blogspot.com/2010/05/testimony-from-shalom-villalva-agri-121.html; http://agnihotraphilippines.multiply.com/journal/item/23

http://agnihotraphilippines.blogspot.com/2010/05/testinony-from-peter-jerome-b-del.html; http://agnihotraphilippines.multiply.com/journal/item/22

Other students who experienced making agnihotra ash balls or have been using the ash also shared in class their amazing healing experience, or their simple improved performance in their subjects. Acne, insomnia, calmness, renewed energy, asthma and menstrual cramps, family harmony and peace are among those addressed by agnihotra ash.

7. Healing of Vilma Valledor. Vilma came back from the US on a wheelchair and was a picture of desperation at the airport. She was declared by doctors to be beyond their means to heal, thus encouraged to go back to her home country, the Philippines. She was diagnosed to have stage 4 breast cancer, congenital heart disease, high blood/hypertension, asthma, and degenerative neural connection from the brain to the legs. So she came back home to enjoy life, if nothing else. From the time she was diagnosed she immediately changed her lifestyle. In the Philippines she was introduced to agnihotra ash and this was 2 months after the diagnosis. She was religiously taking the ash in her drinking water. On her first day of drinking she already noticed that she did not have menstrual cramps (free from any pain) and this continued until this day. Her menses also were shortened from 2 weeks to 3 days. Vilma also did other alternative healing practices like prayer, healing mass attendance, and natural nutritional supplementation. She claims now that a large part of the healing is due to her taking the ash. She was declared cancer-free and with 90% normal heart function 3 months after the use of agnihotra ash.

8. Testimony from other friends in the network

- 1) Arthur and Annie Tanco's luscious harvest, good yields. Arthur practiced agnihotra in January this year. He uses 4 pyramids in his Tanauan, Batangas farm, and has several others in Manila. Both he and Annie, his wife, use these for their Manila health/food enterprises. This summer in May their fruits (mango, duhat, tamarind and others) are incredibly prolific, large, luscious and simply delicious! They believe it is due to their practice of agnihotra.
- 2) Troy Bernardo feels that the expansion of his yoga center/initiative in Makati has a lot to do with his recent agnihota practice.
- 3) Jojo Cagurangan- the agni performance and ash use helped the Zamboanga farmers cope with El Nino. Their yields are even higher than usual. In ampalaya (bitter gourd) they got an average of 20 kg from 5 plants (or some 4 kg per plant). They also used biodynamic preparations: leaves are sprayed from 10-12:00 noon with water, just so they will not overheat.
- 4) Vernie and Ray Lucero of College, Laguna shared that they are going deeper in the application of

agnihotra in their compost making and products. Last summer during the El Nino they were very much amazed at how their orchids, which do not readily flower, bloomed profusely and beautifully in their garden. These plants received their loving care and agnihotra treatment through the atmosphere and the spray. Moreover, there is peace among their cats and dogs; no more fighting, even among the same sex of the same kind. There also are more butterflies in the garden, and they believe this is largely due to the homa atmosphere.

- 5) **Rene Veluz** reports a highly relaxing but energizing feeling when agnihotra ash water is taken; he also says elimination is highly enhanced.
- 6) Berta Ratilla is doing her PhD thesis in Leyte, comparing SRI (System of Rice Intensification), agnihotra, biodynamics and chemical inputs. We get a glimpse of what is to come out from her dissertation: Agnihotra ash applied alone was comparable to other treatments like "ash in combination with cow manure" or "inorganic fertilizer", when compared to control in terms of rice growth and yield. To remember is that ash is used in quantum proportion, or super diluted level.... In terms of height and leafiness, and number of grains per panicle, pure agni ash treatment was lower than that from inorganic fertilizer treatment. In the sensory test of freshly cooked rice, that which was gathered from agni ash treatment proved to be more aromatic and tastier compared to that given inorganic fertilizer. It is also more preferred than the control or the inorganic fertilizer treated samples.
- 7) Dingo Porte from Aurora- A friend, Baleriano Liones, had a stroke and had been walking with a limp, with one arm that involuntarily moves in front of his body. Half of his body had lost sensation or is "manhid" or numb. He was told to drink not only Dingo's famous home-made "lacto" drink, but also agni ash water. He was also told to dab all body parts that are feeling numb with agni ash. On the third day into the treatment, his cousin met him and asked him how he felt. Already he was carrying firewood and responded that he felt well; the numbness is now mostly just at the fingertips Dingo's citrus are also doing very well. The other year his neighbors were harvesting P 3-4,000 worth, while his was P 30,000 from his same size farm. The trees are really growing well, looking twice as good as last year. The harvest was also double, even if no fertilizer was added. He claims that the whole town of San Luis and the neighboring town of Baler might have benefited from the practice while those farther away ones, like Casiguran, Maria Dipakulao, and Dinalungan, which are more than 20 km away from his location had low harvest.
- 8) Ishilta of Quezon City- "I've been doing fire ceremonies outdoors but I was looking for a fire ceremony that can be brought inside the house. When I found out about agnihotra, I knew that it was what I needed. I've been doing agnihotra for more than 2 months now. Aside from the energizing and purifying effects of doing agnihotra, I also noticed that it creates a healthy dose of 'perturbation' really digging deep down some buried issues so that they may be fully addressed and healed. It is as if another layer of healing is transpiring in my inner and outer lives".
- 9) Eleanor Rivera adopted agnihotra in her 18 hectare San Gimignano farm in the mountainous Balamban, Cebu last December. If you are unsure if agnihotra is acceptable to Catholics, note that our mini-training there was prepared by a mass officiated by Fr Jim Belita, CM, who also attends agnihotra at Eleanor's house.





San Gimignano organic farm in Balamban, Cebu

- **10)** Rod Babera- I always feel relaxed but energized after an agni session. But I really still struggle on reconciling my religious belief with the fire and the mantra.
- 11) Pearl Peralta of Legaspi noted less intense typhoon in their area since she started doing agnihotra. She wonders how much of it is from agnihotra. She also said that her weak heart condition improved such that she can already play tennis and does not easily get tired or run out of breath when playing!
- **12) Cris Lorenzo's** thoughts and experience on agnihotra in Mt. Makiling, Jamboree Site, Los Banos, Laguna: For us it is a nourishing kind of experience... it builds an aura of protection, determination and belief, and creates an atmosphere of safety and cleanness. As we perform the ritual in the morning and in the afternoon, we hear the birds tweedle, insects whoop-whooping, frogs croaking in unison, indicating to us that the exact sunrise and sunset times. I believe that the ashes coming from the fire has purified our water which has been already saturated with silt; this we experienced during a storm (last year and even with the most recent one this year). Drinking from the tap has always been safe when we mix in agnihotra ash. It may not be very noticeable but surely it has the effect of clearing our mind and removing worries. The effect here is just like performing everyday prayers. I noticed too that one does not need to invite anyone during the performance. It just attracts; it surely has its way of enticing every creature, toward eliminating unwanted things and creating an umbrella of protection.
- **13)** Danny Morgado- the ash really had good effect on my family. The kids' colds and cough have disappeared, and my sinusitis is gone as well. We simply drink water with ash in it.
- 14) Betsy Gamela of Don Bosco Diocesan Youth Foundation in North Cotabato- we have a lot of testimonies but don't systematically collect data on this. Farmers are continuing to do agnihotra and use ash. Our tea producers perform agnihotra on a regular basis to prepare the workers for the

day. Agni ash are also incorporated into the tea granules.

9. Agnihotra and quantum agriculture paintings. The painting below (left) was made by my ecological agriculture student Sydrick Malayas, as a way to express his learning in class through the "right brain". To Sydrick, man is central, while agnihotra and nature spirits are the partners in earth healing, with the end goal of raising consciousness. Nature beings or spirits strongly figured in the painting.



By Sydrick Malayas

By Yven Corcolon

The other painting (right) is by Yven Corcolon, another student in ecological agriculture. He describes his work as follows: *The 2-faced male with the tail holding a flask containing chemicals signifies the effects of chemicals on the environment. The normal face represents what the chemical companies only say or show, i.e., the positive effects of the product and the negative effects are hidden. The man's embrace signifies human's role on earth, which is agriculture. The dark background or aura signifies the impending negative effects. Little fairies flying away from him signify the entities (nature spirits) that leave the area that had been applied with pesticide. They head toward the light. On the other hand, the female goddess symbolizes the influence of quantum healing. Her aura or background is light, which is in contrast to the man's. It pushes away the negative effects resulting from the man's actions. The earth is sickly due to the influence of the male factor.*

Science and Research

10. Mini-research on agni, etc. Some students and colleagues did mini-trials using quantum materials. Agnihotra ash was of course a favorite and I would like to share some of the indications obtained. Please refer to a powerpoint that I prepared and included in the Appendix.

Aside from agnihotra ash, other treatments were also included, such as other types of pyramids, quantum substances, and symbols like the ancient Filipino script (Baybayin). Results were amazing in that even with suggestion or idea, sprouts also responsed positively to the treatments. This seems to relate to power of intention or idea.

11.Agnihora ash composition. The following is the result of a XFR (X-ray fluorescence spectrophotometer) analysis of the content of agnihotra ash, done in a laboratory at UPLB. Hopefully this would help some who are curious as to the composition of the ash. While the mineral content of the ash is rich, its value is greatly in the subtle energy realm, which is not expressed in the current analysis. To note is that the ash is "free" from heavy metals or health worrying elements such as lead and arsenic. (**Ave of 3 readings, in ppm**)

Aq (Silver) – 0 As (Arsenic) - 0.72 Ba (Barium) - 0 Ca (Calcium) - 31102.83 Cd (Cadmium) - 0 Co (Cobalt) - 16.00 Cr (Chromium)- 0 Cs (Cesium) - 0 Cu (Copper) - 316.94 Fe (Iron) - 11879.27 Hg (Mercury) - 0 K (Potssium) - 37165.69 Mn (Manganese) - 1382.24 Mo (Molybdenum) – 14.27 Ni (Nickel) - 13.96 Pb (Lead) - 18.26 Pd (Palladium) - 0 Rb (Rubidium) - 201.11 S (Sulfur) - 13380.89 Sb (Antimony or Stibium)- 0 Sc (Scandium) - 52.31 Se (Selemium) - 1.39 Sn (Tin or Stanrum) - 0 Sr (Strontium) - 207.27 Te (Tellurium) - 0 Th (Thorium) - 0 Ti (Titanium) - 905.6 U (Uranium) - 6.94 V (Vanadium) - 27.66 W (Tungsten) - 0 Zn (Zinc) - 328.3 Zr (Zirconium) - 19.99

12. Science concepts to help go deeper into the realm of agnihotra and homa therapy. I feel this impulse to throw in some interesting and relatively new science concepts that would help us

understand the effects surrounding agnihotra and homa therapy. They are in the appendix (in another file).

Queries, some answers

13. A set of query on agnihotra from Romy G, posted in 2009. Romy from Davao City had some questions after reading the agni materials. He did not have the chance to see any demonstration on how agni is being done. We only had a brief chat about agnihotra as we chanced on each other in a boat in Davao. Thereafter, Romy learned about agnihotra through reading materials that I sent him and from Val D, another practitioner who learned agnihotra only through correspondence and the internet. Below are some of his questions, and my answers then.

- Shall we continue with our present farm cultural practices while doing the Agnihotra? No conflict? *No conflict at all. It will balance the area, and eventually will lead you to more sound approaches, if ever there are those that are not compatible with the ecology.*
- Eventually, can we reduce some farm inputs and other maintenance such as fertilization, sigatoka spray, bunchy top eradication spray, moko eradication, etc? When will this happen? *If you do the practice regularly you will see more felt effect in a month's time. If you have high soil organic matter, you will more easily experience the reduced need for fertilizer. Balance will be achieved thus pests will become less of a challenge if at all.*
- We intend to apply first in our 2 adjacent farms. The first is 19 ha and the other is 2 ha. The distance from farm 1 to farm 2 is about 1 ½ kilometers. So how many pyramids are needed for the 2 farms? Where exactly in the farm shall we do the Agnihotra process? *The reported reach of healing and enhancement is around 700-1000 m. Some even say the effect is felt even up to 20 km. Best if you have it done in the middle of each farm. Or if you don't have anyone to help you do it yet for the other farm, perform at the boundary of the 2 farms. Eventually it would be possible to set-up resonance points. Like at the 4 corners of each farm so the reach of the effect is spread farther away.*
- What time in the morning and in the afternoon do we do the agnihotra? Shall it be done simultaneously in all pyramids? Shall it be daily from Monday to Sunday? How many weeks or months do we continuously do it? At exact sunrise and sunset of the area depending on the coordinates, that is when you say the mantra. At 7 min before (approx) that is when you light the pyramid. If the areas are adjacent and have the same coordinates then the practice will be simultaneous. Practice is everyday, 2x: at sunrise and sunset. May skip if can't avoid it but it is important to set a blueprint in your will (make a habit) and in the area. DO it daily with the idea that you are enhancing the vitality of the farm, but more deeply, that you are cleansing the air, soil

and water. And the bonus is renewed health of the people who receive the quantum energy.

- How many minutes or hours more or less per pyramid is the process? *Ten min is enough. Give about 3 min arranging and preparing the cow patties and rice, then light, then say the mantra, then that is it, go if you must. But better to bathe in the healing energy and meditate. It would be a bit sayang or a waste if you will not harvest the strongest energy generated.*
- Do we remove the pyramid from its location and keep in the bodega or storehouse every after the process? You may leave it in the area until the next performance, just cover with like clay pots or anything that protects it from rain, dogs, etc. Make sure not to touch or disturb the pyramid because you will abort the process of harvesting and spreading of energy. But if need to secure it, wait until the temperature cools down and keep the pyramid in.
- Can you supply us the materials we need for the whole duration, such as cow dung, patties, ghee, unpolished/ whole rice? The amount that I send in a kit is usually enough for a week. Later it would be cheaper if you can find local source. Maybe you can order from Bios Dynamis near SM. The ghee you can get from an Indian store (brand is Fern or Leila) or make yourself, from anchor butter-unsalted (slow fire for an hour then recover only the clear liquid). Eventually you might have to produce your own cow dung patties from organic/grass-fed cows. Since it has been raining I might be short on dung, but my sister in Cebu can send you easily by JRS.
- Is the cow dung that you will supply already coated with ghee? If so, do we still need to coat it with little ghee as per instruction? How do we coat? *Dry, no ghee. You do it yourself...just a little drop if you don't have much. Just smear parts of the ghee. Check out the internet on agnihotra performance.*
- Do you have DVD's that demonstrate the Agnihotra Process? There is also plenty of instructional sites from the internet. This calls for me to systematize relevant info for sharing out.
- On page 93 of the Homa Therapy Book under Pest and Disease Treatment of plants with roots diseases. Are you familiar with Moko disease of banana plants? Can it be treated with the process mentioned? No I am not. In the internet it said EM (effective Microorganism) can help. So I do not doubt that agni can remedy the problem because any ailment comes from generic energy imbalance and agni will address the very source or cause of the disease.
- Can you supply the paste and the Agnihotra Homa ash? You can make the paste from ghee and agni ash. You will be producing a lot of ash if you do daily. I have not supplied the paste but at one time I sent ash to some doctors in Iloilo after that big

Milenyo typhoon/flood.

- Do you have Agnihotra Homa plant food solution? *This you can make also.*
- Can you elaborate further, step by step, how to treat a moko infested banana plant? Just do the same as for other diseases. For long term, pls consider more locally adapted varieties, diversity, healthy soil and water and air, ecological pest management strategies, natural resource conservation and recycling. These are the principles of ecological agriculture.
- I have recurrent dizziness phobia. How can Homa Therapy help me? My apo/grandchild has skin asthma. How can Homa Therapy heal him? *Perform or be at the area where agni is being done daily. After a month, some of my contacts experienced total healing of asthma. Skin asthma may be helped by drinking agni water and applying ash on the skin. Just try. But of coursewe also need to eat food with high life force and less toxins; not only nutritious food by the usual measure.*

14. Another agnihotra-related query in 2009 from Yuri A.

- Is it okay to stock agnihotra ash or will its benefits decrease if stored for a long time? Usually ok if you keep away from the prohibited or bawals: non-copper metal, plastics, electromagnetic gadgets, unpleasant thoughts and words. May further activate or reactivate by keeping the ash container near the pyramid when performing.
- I haven't done agnihotra for some time now, because this place where I stay is a condominium and has a fire alarm. *How about temporarily covering the smoke detector with something. If ghee is plenty and dung is good quality, and the arrangement is good, you'll have no problem with smoke. May use the porch or patio if you have or use an electric fan to divert the smoke out of the room.*
- To perform agnihotra gmt and 30 seconds before sun fully sets/rises is necessary.. but i need a watch and pc to do that; is there any other way to sense the exact timing like the ancients do? When the sun is halfway up or down at the horizon that is the start of mantra. The energy to capture stays there for 30 sec. Sensing of timing may be done by high level people in terms of consciousness. Use your cell phone, set the time according to GMT Phil time and use this to check your timer with seconds. If timer is of good quality, you might need to reset or check only once a month. Cell phone time is usually stable. Just study it for some time. Actually if you miss the exact time, you will still have good ash, as per our experience with seed sprouts. But it will not carry the same power as the one done at exact times. It is also my question: how to intuitively know the right time or what are the indicators in our environment. The cicadas? The birds behavior? The chicken sounds, or the lizards coming over to you during the time.
- Back in Cotabato, I perform agnihotra but near a metal veranda and a metal window.. so when I perform I'm surrounded by metal. Does that hinder the pyramid from getting the

energies but the ash is still medicinal as long as right time and utter of mantra? Should be ok... I have mentioned some of these in the earlier issues of the newsletter.

15. Notes from Om Shree Dham regarding keeping the purity of the Agnihotra practice.

Posted Aug 3, 2010. "Over the years there are many new developments in Homa Therapy so it is paramount if you are going to share Agnihotra with others to update oneself and keep refining mantra pronunciation etc. One of the most important modern developments in Homa Therapy is Homa Organic Farming. This in itself is best left to certified Homa Therapists to teach as it involves setting up a Homa Resonance system on a farm that extends the Homa Biosphere over acreage..... a word of caution: There are various Agnihotra sites out there but when there is Hindu, cultural affiliation the Vedic scientific Homa Therapy is often 'adjusted' to suit religious and cultural beliefs. For this reason it is best to obtain supplies from those under the umbrella of official Homa Therapy Centres such as Brother Wong and Soh and to access information from the official sites found on the international portal www.homatherapy.org This is where you will find our website www.agnihotra.com.au as the Australasian connection. Look for the official Homa Therapy Logo which I have included as an attachment when seeking information on Homa Therapy. Also any questions are best directed to trained and certified Homa Therapists. In this way you are certain to practice the scientific Homa Therapy that brings the results. If interest builds in a country we recommend bringing certified Homa Therapists over to introduce Homa Therapy as did Mr Wong recently".

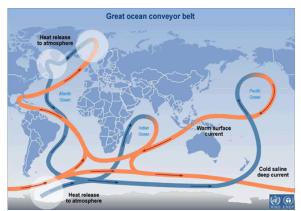
Agnihotra for major, major Climate Change... not a joke!

16. **Reminder on why the practice of agnihotra is an urgent matter for climate change.** We agree that the weather is really much more unpredictable and severe. It is now much hotter and-or colder everywhere, while the storms and flooding are more frequent and come with greater fury. Volcanoes are erupting here and there. Earthquakes and landslides are no longer rare. Something is definitely going on with the earth and the shift is truly palpable. Scientists have measured this shift of the earth's axis, too. The scale of change is no longer localized. We all are now feeling the earth changes as one earth community. The talk of Nick Perlas on "Climate change" in Cebu last February was very enlightening for me, and I want to share with you part of my notes given below. Maybe you'll sense the urgency to take action, too. *The internet is a rich source of information for anyone who would want to validate the content or who want more information*…

- 1) Some 55 M years ago, a big meteor hit the Yucatan Peninsula (in Mexico). This led to global climate change. Today we are again moving towards a similar global event.
- 2) We are now at the 6th extinction stage, that which is created by human beings. With the 5th was the extinction of the dinosaurs. It takes 200,000 years for the earth to recover and make it the way it is now, being livable by humans.
- 3) We are now nearing a "tipping point", estimated to be in 2015.
- 4) The stable climate that we have had for 10,000 years allowed us to predict climate events, and

human civilization was built on this stable climate. The Egyptian and Greek civilizations for example were able to capitalize on these events/phenomena in their arts, science and agriculture.

- 5) As to the Philippine climate, we have been able to predict it because it had been mostly stable. This time, however, we can't easily do it. Our climate is no longer moderate but extreme. We have "Extreme Weather Events" like super typhoons and super droughts.
- 6) Argentina is now with 2 years drought. This is no longer an uncommon experience of other countries.
- 7) We are a number one hot spot of super typhoon, although we are not a major CO₂ emitter. We are going to be a climate change victim.
- Major insurance companies in the world had spent over 100B USD/year on insurance. With this huge budget spent, the industry is now collapsing. This is an indicator of unpredictability and disaster.
- 9) Moisture in the air increases temperature. This has impact on ice, too. Melted Arctic ice will increase the level of sea water. The other source of water is simply the one already in the water. These change the volume of water as the density changes.
- 10) The great climate conveyor belt moderates climate. Now it is stopping. There is now less salty water, thus less heavy water, so water stays more on the surface or on top of colder water. Consequently, the warm water from other areas can't come in, leading to tremendous winters.



http://www.wunderground.com/education/abruptclimate.asp

- 11) The arctic ice is melting much earlier than expected. The earlier prediction is that the Arctic would be ice-free in year 2050. The new set of data says this is going to be in 2015!
- 12) When cold water of the ocean encounters warm water, there is turbulence! And water can rise 10 feet in 30 minutes.
- 13) Greenland and Antarctic ice: if all ice melts then there will be 52 ft rise of sea water and the

Philippines (a large part of it) will be underwater. Current estimate is that every 24 hr there is enough ice melted to cover twice the Philippines in 13 ft of water. Also, all coastal cities of the world will be 20-30 ft in water.

14) Maldives is now negotiating for its 0.5M inhabitants (also India and Australia; they will be (already is) greatly affected.



inundated. Photograph: Reinhard Krause/Reuters

If the oceans rose by two metres, the Maldives would be

Copenhagen Conference means life and death: Maldives, Tuvalu, small island nations lead fight for real action on climate



Maldives cabinet meets

underwater to highlight global warming threat. The government of the Indian Ocean nation of Maldives held a <u>cabinet meeting</u> <u>underwater</u> to call for global action on climate change. Maldives has a particularly dire stake in the battle to avert global warming as the <u>lowest-lying nation on the planet</u>, with islands averaging only 7 feet above sea level. Video: <u>http://tcktcktck.org/stories/climate-news/maldives-cabinet-meets-underwater-highlight-global-warming-threat</u>.

- 15) There will be millions of Filipinos who will be inundated in upcoming typhoons, etc. This already happened earlier. In other parts of the globe similar things are happening.
- 16) The CO₂ concentration 55 M years ago was estimated to be 280 ppm. Now it is 390, but the safe limit is only 350 ppm.
- 17) On the other hand, CO₂ stays in the atmosphere. Take note that the impact of the present level of

 CO_2 is a result of emissions 20 years ago. CO_2 levels will still go up to 600 ppm and increase temperature by 4-6 C.

- 18) Another climate changer, is N or nitrogen. To make synthetic or chemical fertilizer urea from N, one ton oil is needed. To make matters worse, more than 90% of this N in the soil will go back to the atmosphere.
- 19) Water (H₂O) is 320x more potent than CO₂ as atmosphere changer. It is 9% of all greenhouse gases.
- 20) We can't stop severe effects unless we shift to organic agriculture. The US has cut down its emission by 30%. But consider the total amount that it still emits.
- 21) Another problem is methane gas coming from the earth. There is feedback (a language of system science) from the earth that is happening. Methane increases heat, leading to more ice melted (etc). Then there is also methane from garbage.
- 22) Methane is bubbling up from the arctic ocean floors (seabeds of Canada and other countries near the north pole like Siberia). Some 500-600 megatons a year is being released in the Arctic region alone; and methane is 20x more powerful than CO₂ as a greenhouse gas.



- 23) Discussions at MIT (which is tops in engineering), University of Pittsburgh and Copenhagen: the same conclusion had been reached... that even if we stop CO₂ emission the ambient one will still go up.
- 24) We still have a window of opportunity, but only within 2012-2015. Epidemics, droughts, flood, diseases, disruption of food supply are to be expected.
- 25) Environment disasters are a fact of life but we are not preparing for them. We have messed up the planet. Climate change is worsening the already existing environment problems. Its effects will be with us for 20,000 years.
- 26) Climate change will come sooner than expected. Massive climate shifts and extensive damages could come as early as 2015, while Arctic ice is expected gone by 2012 instead of 2050.
- 27) Climate change cannot be stopped. In 10 years (2020), we will have experienced a minimum of 1/2

ft water in the country.

28) Shall we wait for more and worse things to happen to us?





How about this in addition: Russia is also now in great trouble, not only because of their massive forest fires, but also that these fires might be releasing **radioactive smoke** that travels far distances! Then the mass crimes on humanity happening everywhere... Talk about reptilian brain dominance. There really is just one earth, and we really are all interconnected. We can do something to prepare and pad ourselves from the damage. Agnihotra can be a quantum way not only for earth care, but also for changed consciousness, which is basic in transformation, since all reality starts from there. The Homa Therapy Association of Australia prepared some nice posters/powerpoints on Global Warming. http://www.homatherapy.org/content/om-shree-dham-homa-farm. Other discussion on problems and solutions may be learned from: http://environment.nationalgeographic.com/environment/global-warming/gw-impacts-interactive.html

Some videos are available in the internet, so you may also start or continue searching for them. I like to follow David Icke's production.

"Finding the Warrior within(Time to grow up)" <u>http://www.youtube.com/watch?v=BgU5DUeYTzw</u>. "Get off your knees-The Lion Sleeps no More" <u>http://www.youtube.com/watch?v=jY2lc1QkCNs&feature=rec-LGOUT-real_rn-1r-10-HM</u> The Only Thing, You Really need to Know is... <u>http://www.youtube.com/watch?v=iH2ZgbhgzLo&feature=related</u>

Appendices (given in separate files)

Appendix 1. Results of mini-experiments or trials on agnihotra and other quantum treatments. Collated by Pam; in powerpoint.

Appendix 2. Some frequently asked questions. I attach a question answer portion of an internet site on agnihotra, for reminder <u>http://www.agnihotrausa.net/Agnihotra-FAQ.htm</u>.

Appendix 3. An article on Agnihotra. Below is an article to bring us again to what agnihotra is all about, what it is for, and what are experienced phenomena from the practice. AGNIHOTRA - An Ancient Solution for Agriculture of the 21st Century. by <u>Cle Latouf</u>

Appendix 4. How to make ghee. Ghee is quite a challenge to get in some areas. But people may have cows and can get milk from them. Agnihotra requires that the cow feeds on grass or natural vegetation. For a set of instructions on how to make ghee: http://www.vedicsociety.org/how-to-make-ghee-at-home-a-339.html

Appendix 5. Om Tryambakam and Mantra in general explained. Maybe some of you are now ready to do OmTryambakam, also referred to as Mahamrityunjaya mantra. Here it is as starter.

http://www.omkarananda-ashram.org/Publications/mahamrityunjaya_mantra.htm

Appendix 6. Imaginal cells- an article

Appendix 7. MISSION- a new movement in the Philippines for societal change.

Appendix 8. Science concepts relevant to Agnihotra and Homa Therapy

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