

Posted Dec.20, 2007

My dear agnihotra friends,

Pam Fernandez

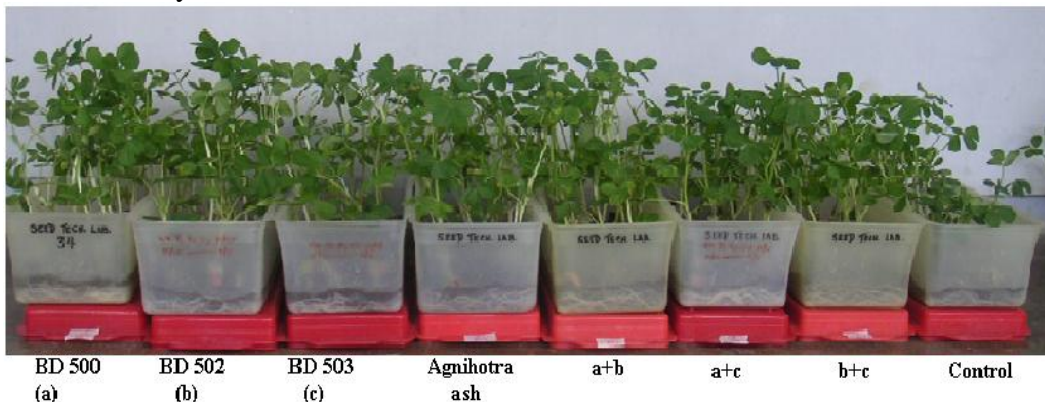
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1. **A mini- tornado and agnihotra protection?** I just would like to share with you an event that happened here in Los Banos. We were visited by a multiple twister (tornado) last Aug 14 at around 4pm. The day before that a group of us performed agnihotra inside the school campus as offering to the mountain volcano (Mt. Makiling) and its “invisible” residents, since we noticed the frequent earthquakes that were localized (meaning volcanic and not tectonic in origin). We also are still feeling distressed to see the mountain slits (erosion) which we saw right after the big “milenyo” typhoon in September 2006. I attach herewith a non-phenomenal shot of the twister, but something emerged in the photo: see for yourself. We wonder if they are “dragon sylphs” (air/atmosphere cleansers) or the counterforce. Biodynamic agriculture strongly acknowledges the work of these unseen forces. Two houses away from us (less than 20 m) the tornado hit ground (can hear and see the roofs flapping) but suddenly it went up again and left. Hmmnn, could this be agni related? There are 3-5 households in the area doing agni daily, for more than a year now.

2. **Agnihotra workshop held in a big convention-fair.** I attended an Organic Agriculture event in the south (Davao) sponsored by the “Go Organic Mindanao Movement” and the government’s Dept of Agriculture-Bureau of Agriculture Food Standards. One of the workshops (break-up sessions) was on quantum agriculture! Three topics were featured in that workshop: biodynamics, anthroposophic medicine and agnihotra. Isn’t that a milestone? It is really amazing that with just an hour (or less) of introduction people already would want to adopt the practice. In the past we struggled to encourage farmers or practitioners to apply other organic approaches. A quantum process at work here, I must say.
3. **Great rice response with agnihotra ash.** Mavic of Calauan Laguna reports that in farms where she applied agnihotra ash as spray on the germination media (dapog method) or in the field, or through the irrigation water, the rice crops were without disease, their stand was good, the color of leaves intense, and the yields were approx. 3% higher than previous. The current wet season harvest (already with agni ash) was unexpectedly higher than that in the dry season (no agni yet; commonly a higher harvest in this season). This is even despite the reduced fertilizer application in the last cropping. And yes, people exposed to the atmosphere also reported calmer environment at home.
4. **Continued positive health response from taking agni ash.** Agni ash led to healing of dried eyes (no more tears produced) of Doring Guy, who works in a soil chemistry analytical laboratory. Anita Mendoza’s elderly mother who lives in Isabelita also reported clearing of vision with agni ash water. Eddie Hermosa also reports that his wife is no longer taking hi-blood medicine but only takes agnihotra ash and some herbs. She feels much better overall.
5. **Farmers of Pabini Pilipinas continue to share their positive experience with Agnihotra.** They shared that what convinced them to finally try Agnihotra was my assurance that it is so simple yet so powerful and would experience quite similar results with biodynamic, which the farmers are already into, on top of Nature farming. Gerry Garingalao of Guimaras says that his mother no longer spends P500 plus a day for her medication (for vitamins, antibiotics, painkillers, etc). She now only takes agni ash and fermented herbs. His granddaughter (Empress), whom we fondly consider to be the first agni baby in the country, is also taking ash through her various drinks, including the milk from her mom who also practices agni and drinks the agni ash. His trainee in the SRI (system of rice intensification) also got healed from her gangrenous leg just a few days of applying agni ash. Another trainee tried the ash on his father-in-law who had TB (tuberculosis). To them it was miraculous that the TB disappeared within several weeks. Yet another trainee was suffering from a burnt arm. The agni ash cured it. A couple who are in their 70’s used to spend at least P500 daily for their medication (for vitamins, antibiotics, bed sore creams, mouth thrush, etc) also got healed by the ash in no time. The goiter of another trainee was also healed by the ash. Among the members of the local group (Hubon Himal-usanon) they support each other by providing what they can afford- ghee or cow dung patties. They give this to Gerry, the point person. They dream of having their own pyramid someday.
6. Dingo Porte of Aurora shared about a fellow farmer (Valeriano Liones) who has hi-blood pressure and suffered from a mild stroke that has resulted to uncontrolled hand movement when walking. Half of Valeriano’s body was also numb. Three days after he started using the agni ash to drink and to put on the numb parts he was already gathering firewood; he himself shared that he

was amazed at how fast he recovered from the treatment. He said he is numb now only at the fingertips. Another sharing from Dingo: His pet dog was vomiting from midnight until 4 am. The dog refused to eat when fed at 7 am, and struggled to get up. It was limp and crying. Dingo thought it was going to die but hoped that if given ash it would recover. A teaspoon of agni ash in a small bottle of water was thus given to the dog to drink. By noon, after Dingo came back from the farm, the dog already met him, happily wagging its tail. It even did the same routine of running after and catching a chicken!

7. **Ash for dental care.** I would like to share that the agni ash is indeed effective as mouth/teeth cleanser a'la toothpaste. Sometimes I use it pure, other times with my regular toothpaste. One time my dentist commented that I no longer felt as sensitive in the teeth-gum area, which can happen during a regular prophylaxis. It must be due to agnihotra ash's minerals and the other healing properties of the substance. A special toothpaste is usually prescribed by dentists to address sensitive teeth. The action of such is to fill-up exposed areas with some minerals (and other substances?) from the toothpaste.
8. **The difference between agni ash and biodynamic for improving seed vigor (invigoration).** In the previous issue I mentioned that a student (Mel Cammayo) did a research on comparing agni ash and biodynamic preparations on seed sprouting. Here is a sample photo of her research, showing peanut as test crop. You will see how the control or plain water treatment fared against agni ash and biodynamics.



9. **Vortex matters in agni ash water.** There is an advantage in seed germination level and seedling vigor when seeds have undergone hydration then dehydration treatment. But agni ash-water further increases the advantage. Verifying the results of Mel Cammayo, Sugar Angeles also found that when the ash-water was potentized (vortexed a'la biodynamic preparation for 20 minutes), further improvement in germination and vigor was obtained. Water with plain cow dung ash also gave similar results but the advantage was much less that of agnihotra ash water. More results later.

Part II. Some questions and comments

1. **Reverential act after the mantra.** Farmers who attended a demo of agnihotra in Mindanao wondered why I did not give much time to meditate or gaze at the fire after the mantra. They shared that it is important to put some reverence into the act. I would say that indeed a quiet

meditational or prayerful time is important during the ceremony esp after the mantra. There are times, however, that this may have to be reduced or skipped, like during a demonstration of the process in a training, esp. where time is limited. During the last big event where agnihotra was shared there were many people who attended, and a lot of questions poured in. People were on their way home, and we needed to seize the opportunity to explain agnihotra further to them. One will need to be prepared for such occasion. It may also be a way to demonstrate that at the very minimum it is a science. Skeptics or those who do not wish to be associated with other religions could easily label agnihotra as belonging to a specific religion. In the academe when we introduce agnihotra we are careful to maintain the “science” part and keep it at that level in the beginning; the rest (the essence) may be said in a smaller group or during a more personal occasion.

2. **How may we know right away that the practice works?** For me the response of students and other people who attend agnihotra for the first time are good enough evidence. Improved sleep (many are insomniacs), relaxed state, added energy to study, improved intuitive sense, no dysmenorrhea or menstrual pains, feeling good in general, instant disappearance of shoulder pain and many more. One lady shared with me how her heart seemed to be “squeezed on and off” during the ceremony, the two times that she attended it in Davao during the convention. Later she shared that she has been doing healing for 20 years (parents are also healers) but only when she attended agni that she experienced such. I do not know the explanation but I shared that the vibration of the fire-pyramid corresponds to that of the heart; maybe that is the connection. The rest of the meaning is yet to be explored by her.
3. **What are Agni times near the north and south poles?** This is a popular question. I do not know how they do agnihotra in these places. May we know from those who know? This is an interesting question given that in some areas daylight may be very short (or absent) at certain times of the year.
4. **What if the performer is “sintonado” or out of tune?** I learn that the tune is important and also experienced that some “sintonados” eventually got it correctly. I also have heard some “old-timer agni” “sintonados” do the mantra, but they themselves are full of testimonies. So I think that there are many variables in the formula and the impact is so great that healing and cleansing are still achieved, despite the “imperfection”. One performer even shared that before they used to position the corners of the pyramid (rather than the side) east-west. But he also had lots of amazing testimonies shared with us. I must say that the process and the struggles are more important than the outcome. Moreover, it is important to strive for a perfect performance.
5. **Need for articles or scientific papers to cite.** Several high school and college students are doing some class presentations or school research project on Agnihotra. Their challenge is to find actual books to serve as references, not just downloads from the internet. I only have very few which I extend to them. If anyone has a comprehensive list or know where they are in the internet, I would be very happy to know about them. Research results of these students will be given in future issues of this forum.
6. **Need for some visual aids about the agnihotra process.** I am dreaming of an animated version of the agnihotra process, so my explanation to an audience can be visually summarized. Om Shree Dham shared with me a power point presentation which they said I may forward to others. So you

may please email me if interested. I also have prepared another power point version of Agnihotra-homa farming, which was presented in Mindanao recently. I'm still working on the size of the document to make it "sendable" by email. Will be sending such to key farmer members who do not have email access.

7. **Need for a manual on Agni-Philippine version.** This has been suggested by Val of Davao. Others also express the same need. So let us dream about that. It might be an outcome of a national Agnihotra convention.

Part III.

Feedback from the last issue

1. **From Lee and Fritz of Om Shree Dham:** Thanks for the wonderful news re testimonials esp the farmers with curing fatal cow disease and then epilepsy being cured and the effects of the "bends" being healed. We share our thoughts about the questions from Rod which are: I would like to know the following: "*a) the chemical composition of Agni ash, b) who are the gods referred to as Agni, Prajapataye, Suryaye? c) Does ash or agnihotra performance lose its value in time, like if the metal pyramid becomes rusty, d) if the performer is oriented differently like north-south or is not facing the pyramid, e) if there is paint found in the pyramid and f) if cellphones which have quantum effect can be used near the pyramid fire*)".

Their response is as follows:

- 1) Scientists have tested 92 elements in the ash which is phenomenal.
- 2) The Agnihotra mantra works by resonance. Sanskrit is the vibration of the thing itself. Like vibration attracts like vibration. Once, in a hall full of people the Agnihotra mantras were uttered. Two clairaudients stood up and said that the mantra was the exact inner music they hear at the moment of sunrise /sunset.
- 3) The ash if stored in a covered container like a clay pot or copper or glass container (not any other metals and not plastic) retains its healing properties indefinitely. It should not however be handled by a woman in her first 4 days of menstruation. Menstruation has an accompanying energy that spirals down into the earth while Agnihotra and all within its vicinity of effect carries an energy that spirals upwards. Thus a woman in her first 4 days of menstruation should not touch Agnihotra materials or the ash nor should she do farming work.
- 4) Paint in the pyramid. -This would have a detrimental effect on Agnihotra as Agnihotra magnifies and seeds the atmosphere from what is burnt in the pyramid. This is why ingredients must be as prescribed- cow dung from grass eating cows (not grain-fed) and ghee from the cow.
- 5) About ghee: Ghee is one of the main ingredients along with cowdung for Agnihotra and other Yajnyas. The purity of these flows on to the effectiveness of Agnihotra. We have been stressing to everyone to stay away from ghee manufactured in India or Asia as regardless of claims of 100% dairy, it is mostly made from buffalo milk. This ghee will have a detrimental impact on the atmosphere and your environment. Ghee for Yajnya must be of the cow only. Ghee must also be free of any additives as well.

- 6) If making ghee from butter, the butter must be unsalted. Now because of GM infiltration in the dairy industry, (GM produced 'enhancers' are given to cows to increase milk production) of both Australia and NZ, we must advise you to find a source of unsalted butter or ghee that is free of GM contamination. So far, after extensive research, we found that ALDI stores stock a very reasonably priced unsalted butter with a brand name 'Cowbelle' that is non-GM.
- 7) If you want to know how to make your own ghee contact us by email (____) and we will forward instructions. It is an easy pleasant process.
- 8) Damaged pyramids- These should be replaced by new pyramids. Dints, holes, etc., misshapen pyramids are not suitable for Agnihotra as shape of the fully intact pyramid influences the comprehensive resonant impact on the environment.
- 9) Orientation of performer in relation to the pyramid. Best results re healing and wellbeing for the performer is if he faces square on to the pyramid and facing East. Best situation for placement of pyramid is square on with North South East West and with one side (scratch the lip of one side; some pyramids have a "bubble marker on one lip) always positioned East. Agnihotra will still work if pyramid is not positioned like this but optimum performance accompanies correct orientation of pyramid.
- 10) What is the basis for the statement "Agnihotra is a must for everyone on earth"? For happiness man is ordained to follow the Five-Fold Path, which are:
 - ❖ Yajna- atmosphere purification
 - ❖ Daan- eliminate attachment to material possession, share assets with humility
 - ❖ Tapa- fruition of affirmation
 - ❖ Karma- self purification
 - ❖ Swadhaya- self-study for liberation
- 11) You will see that one must do purification of the atmosphere and this must be done daily if possible. One may wish to do deeper study of the five-fold path, but suffice to say here man pollutes the environment daily even by just simply living, thus must also do something to clean up after oneself.

Part IV: Reposting the questions and comments from previous issues. A suggestion from one active agni practitioner was to revisit the questions esp for the new ones and also to shed new dimensions in the answers. I would like the network to visit our multiply and blogger sites- (<http://agnihotrphilippines.multiply.com>) and (<http://agnihotrphilippines.blogspot.com>). They are very basic and needs further activation but should serve the purpose. The questions are again posted below. I invite readers and practitioners to share your fresh insights so we can enrich thoughts on the questions.

Part 1: Question-Answer on Agnihotra (Posted early July 2007)

1. We have a hut where we do agni. The floor is made of bamboo slats. When we move about the floor shakes a bit and so does the table where we put the pyramid on. Will this affect the process?
2. The area where we practice agni is surrounded by metal objects such as chimes and chairs with steel bars. Will these interfere with the process.
3. Is use of cotton to build fire ok?
4. If the flame goes off right after the mantra, can I ignite the pot again?
5. Is ghee that is solid/creamy not pure?
6. Why is there so much smoke when we build the fire?
7. We are also doing agnihotra by our practice of meditation or by “palina”, “suob”, “tuob” which is being done by local people, and where smoke is generated at certain times, but esp at sunset, to help balance energies and heal people.
8. Can a pregnant woman perform agnihotra, given that they are not in their “normal” state, similar to a menstruating woman who is shunned from entering farm fields by farmers and gardeners lest their crops weaken?
9. What will happen if unhulled rice is used? Wouldn't it be better because it is in a more natural state than unpolished rice?
10. Smoke and coal (from rice), aren't they said to be not good for the health?
11. Will red or purple rice be ok to use given that literature says brown rice?
12. Some challenging comments about the practice:
 - ❖ It is a form of worship to fire (or other idols) and not to God.
 - ❖ It adds to pollution or global warming because of the smoke and the burning.
 - ❖ It is Hinduism at the very core.

Part 2: Q&A on Agnihotra (Posted mid August 2007)

1. I use my cellphone in the absence of a timer, and just mentally count the seconds part when the exact minute is registered on the screen. Would this greatly affect the energy harvesting considering that cellphones are also known to emit strong energy waves that are not necessarily positive?
2. What ghee brands would be good substitute for the butter that is normally used?
3. What is in the cow and its products (like ghee, milk and butter and biodynamic compost) that makes it most effective, cosmic or even sacred?
4. How can we spread the benefits of agnihotra and the ash to cleanse certain areas that are laden with negative energies?
5. If the ash contains all the natural elements found in the periodic table and if we put it in our daily drinking water, wouldn't we end up supersaturated with these minerals, and may compromise our kidneys, etc.?
6. Isn't cow dung dirty? So using it and its ash for external and internal use would be dangerous!?
7. Agnihotra works for those who believe in it and its powers, because faith is a prerequisite to healing.

8. Do you have a collection of testimonies from practitioners or performers of agnihotra in the Philippines?
9. What is in agnihotra that gives you the inspiration to promote it with so much passion?
10. How do we know that it is not the work of the devil?

Part 3: Q&A on Agnihotra (Posted September 11, 2007)

1. How many people are now practicing agnihotra in the Philippines? What may have constrained those who have the set to practice?
2. My timer needs checking and readjusting more than once a week. What are the experience of others?
3. What is the rationale of the fingers/hand position prescribed when holding rice?
4. Are all unpolished rice non-white?
5. Do the agnihotra pyramids differ in property even if the dimensions may be the same? Can't bigger pyramids be used for agnihotra?
6. The instruction says smokeless fire. I rarely get this effect. Maybe because I use less ghee? But others I know who do it inside the house and who use a lot of ghee also get smoky set-up. I can bear with the smoke but should it really be clear-no-smoke set up? Would smokiness diminish the effectiveness of the practice?
7. A pinch of rice differs with different people. How much would really be necessary? I do not want to "pinch" too much because I am also concerned that I will be ingesting burnt substance which is already indicated as not good for the health according to some reports.
8. When I fan the set-up after the mantra (I understand from previous Q&A that this is permissible) sometimes the dung pieces move. Will this invalidate the effect? In the same token, will the natural movement or rearrangement of dung after the mantra lead to disruption of positive effect?
9. I am planning to incorporate ash into my clay for craftwork. I am curious how would kiln drying affect the ash energy applied into the clay. Before kiln drying I also infuse the clay with affirmations (positive human qualities/values) through thoughts and inscriptions on the clay.
10. Would it matter if the mantra is sung longer or shorter than the one prescribed (i.e., from what we hear from the cd's or the internet)?

Part 4: Q&A on Agnihotra (Posted November 15, 2007)

1. **What is the best site to check current time?**
2. **Agnihotra when traveling by car.** I want to do Agnihotra when I travel so I guess I will have to do it in a car. But naturally, it would be impossible to have the pyramid and its contents fixed and immobile after the ceremony because the pyramid would still be hot or would be moving while traveling. Would it be okay to count the ceremony complete when the fire has burned out already even though the pyramid and its contents are moving with the vibrations of the car and changing directions as well?

3. Disturbed pyramid. I just did Agnihotra in a farm where there are always chickens and other animals running around. After one of my ceremonies, I noticed that some chickens must have knocked down the pyramid and some of its contents during the night. What would be the implications? I am also worried about the possibility of rats getting curious about the contents of the pyramid during the night.

4. Om Tryambakan readiness. I would like to know more about doing the Om Tryambakan ceremony because I have already done almost two months of Agnihotra. My question is how does one apply ghee drop by drop after “swaha” and how are dung made to continue burning during the whole ceremony of several hours. One must really prepare a lot of dung to do Om Tryambakan. *May I invite the others with experience on these?*

5. Pest management. I read about other people in South America who were able to get rid of cockroaches and mice in their homes after doing Agnihotra. The pests in my house are still there after a month or so of Agnihotra. Do they really leave your house alone and how long will that take before you see the effects?

6. Good health forever? I read that many people are cured of serious ailments after doing Agnihotra. If that is so does that mean that people who do Agnihotra will never get any kind of diseases? If so, how come I read about one or two Agnihotris dying of cancer? Moreover... Why is Shree Vasant in a wheelchair in one of the South American videos on Agnihotra? That would paint a negative testimony on the medical benefits of Agnihotra.

7. Agnihotra in response to prophecies. I have been reading many of the Orion Transmissions and was reading back to several years. The transmissions seem to be very alarmist and would talk as if the “end of the world” is about to come, especially the messages before 2001. It is now 2007, more than six years have passed yet the warnings seem to be more serious than the world events that occurred in that six years time. What gives?

8. Unsure about the practice; concerned about the slow spread of agnihotra. If Agnihotra is that powerful, how come it is still relatively unknown considering that it has been spreading throughout the world since the eighties? Surely something that fantastic as far as its benefits are concerned should already be gathering storm and momentum from the time it was revived up to now?

9. Some more questions about the ceremony:

*I have some organic rice but they have been eaten by "bukbok" (weevils) and I have no other rice at the moment and so I was forced to use them. Is it okay to do this? During the ceremony, some rice fell out of the pyramid. Can I reuse them? Can I reuse the rice that fell on the top flat surface of the pyramid and did not get burned

*Does the quality of the fire (such as a bigger brighter one) indicate anything like effectiveness of the process? It might not really matter; this depends in part to the thickness and other conditions of the dung, the atmosphere's humidity, etc. What are other factors that affect the fire?

*What will you do with unburnt dung? I did a ceremony and when the fire stopped smoldering, I noticed that some dung have not burned and there is no more heat. Can I reuse them for the next ceremony?

*How do I know if my ceremony is really working - assuming that I did all the right things - timing, mantra etc.? Sometimes I feel doubtful if my own ceremony is really effective like that of other people's.

10. Some local testimonies.

Part 5: Agnihotra Questions, Answers and Testimonies Posted Dec.20, 2007

1. What other local testimonies are there on agnihotra?

2. How may dogs and other pets benefit from the practice? May I know of the experience of others in this regard?

3. Thoughts on agnihotra and pest management. Here are comments from Q&A Part 4: #5. **Pest management.** Do mice, cockroaches they really leave your house alone and how long will that take before you see the effects?

4. I wonder if the agnihotra mantra by itself has a special effect on children's moods and tantrums.

5. What are really the meaning of the mantras uttered during agnihotra?

6. How will we get a new set of sunrise-sunset times for 2008?

7. Is there just one specific dimension of pyramid or could it be different ones, but multiples of the basic?

Part 6: Agnihotra Q&A (posted July 10, 2008)

- 1. A challenge for Agnihotris.** From a person who has high position in anthroposophy. "I can see that one can be very passionate about agnihotra. But one must be very careful that it does not generate an attitude of complacency, like not anymore doing inner work because agnihotra can achieve results that others may get doing the "long cut" process. Also one should not just believe. Ensure that there is outer work (meaning data, research results) since it is nowadays quite common to hear that such and such practice works like magic almost. One must also ensure that the practice will lead to true individual and community transformation. Many of those who do certain cleansing practices have an environment that is still puzzlingly dirty."

2. **Where are the places in the Philippines where agnihotra is being practiced? What countries are now doing agnihotra?**
3. **What are more local experiences on Agnihotra?**
4. **Unused agni pyramids: What about those who got the pyramids but have not started the performance or have stopped?**
5. **An experience with medical practitioners.**
6. **Freedom of choice.** Someone asked after hearing how unbelievable the effects of agnihotra are: *“If agnihotra does benefit and change a person who may not believe or unwilling to change, where would free choice or free will come in?”*
7. **Agnihotra in Mindanao.**
8. **Student thesis on biodynamic vs. Agni.**
9. **Questions from Rod:** I would like to know the following: *“a) the chemical composition of Agni ash, b) who are the gods referred to as Agni, Prajapataye, Suryaye? c) Does ash or agnihotra performance lose its value in time, like if the metal pyramid becomes rusty, d) if the performer is oriented differently like north-south or is not facing the pyramid, e) if there is paint found in the pyramid and f) if cellphones which have quantum effect can be used near the pyramid fire)”*.