

Agnihotra Philippines Forum 10

October 2012

Hello my dear Agni friends,

Greetings! It has been two years since the last issue (August 2010), and 5 years since my first practice of agnihotra (March 2007). I continue to do the “agni” daily at sunrise and sunset, with occasional Om Tryambakam (a more advanced practice), while a number of practitioners in the country are already doing it more regularly. No one yet in the country, to my knowledge, has set-up resonance points (consist of agnihora pyramids strategically installed at the outlines of one’s area to further spread or increase the benefits of the “agnihotra power” beyond the usual reach, much like the resonance effect of tuning forks. On the other hand, many who got a pyramid pot have left the practice or are still to actualize their intention of doing agnihotra. Ingredients are limiting to some... but where there is the supply or capacity to get them, there are other reasons... the will still awaits the doing, the push has yet to happen... the interest reawakened... the commitment refueled.

I really hope that we give agnihotra a chance to help us. It is very simple and easy. It is only a ten minute practice each sunrise and sunset. It gives us multifunctional benefits. We do a quantum leap in healing, earth repair, etc. The words of some thinkers and philosophers, that “Agnihotra and Homa Therapy is our Last Chance”, is now ringing loudly. The year 2012 awaits people who can collectively and quantumly do earth healing. And if we believe that we ought to do our share in the healing movement, agnihotra is a good start; take a look. It is first among the Five-Fold Path...

<http://www.fivefoldpathmission.org/content/what-fivefold-path>

The Eternal Principles of religion (satya dharma) were revealed at the time of creation. They are summarized in five words:

1. **Yajnya:** Purification of pranic content of the atmosphere through the agency of fire. This leads to purification of the mind. ... Perform AGNIHOTRA for purification of the atmosphere which leads to automatic purification of mind.
2. **Daan:** *Sharing of assets in a spirit of humility to reduce attachment. Practice DAAN (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).*
3. **Tapa:** *Self discipline, austerities, penance of body, mind and speech for fruition of affirmations. Practice TAPA (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).*
4. **Karma:** *Good action, virtuous deeds for self-purification. Perform KARMA (every action for self purification only and thus no expectations which bind us to the material world).*
5. **Swadhyaya:** *Study of Self. Who am I? For liberation. Practice SWADHYAYA (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.*

Agnihotra does not take much of our time. If it is the supplies or consumables that constrain us, there is a way around this also. I can facilitate the movement of cow dung patties, even the ghee. Indeed it is hard to justify our continued complaining about Climate Change and other things if we do not do our share in earth healing. Agnihotra is a localized but QUANTUM way to impact a greater healing power to earth and humans.

Let me now share with you (below) some of the events since the last issue which was posted two years ago (September 2010- September of 2012). My inward journey and silence took that long and now I am back to the outside world again, and still going strong in agnihotra ...

New website: Quantum Agriculture Philippines

1. I now have a website: Quantum Agriculture Philippines <http://www.quantum-agri-phils.com/>. Agnihotra is featured therein (<http://www.quantum-agri-phils.com/?p=455>). Agnihotra gave me the impetus to do this, it being one of the concrete quantum practices that I actually do. Topics of the site are, so far, as follows:

- 1) Quantum is Like Magic but is Science
- 2) Agnihotra at EarthDance Manila 2012
- 3) Human Creativity, Mimicking Nature but Not Anti-Nature
- 4) Sacred Geometry, the Heart... they are about Quantum Agriculture
- 5) DNA alteration with words, etc. and Farmers' contribution to Genetic Diversity and Crop Breeding
- 6) The Four Ethers – gateway to deep understanding of “Quantum” approaches
- 7) Quantum Agriculture on Radio and an Exploration on Pseudoscience
- 8) Prayer in a Song has Power
- 9) Agnihotra Homa Farming – my Quantum Partner
- 10) Intuitive Farming and Gardening
- 11) Scientific Advances in Agriculture, Medicine and Societal Change By Nicanor G. Perlas
- 12) Alternative Learning through Quantum Agriculture
- 13) Deep Spirituality in Agriculture – Essential for the Academe's relevance and sustainability
- 14) Dance, Inner Dance, Eurythmy, Indigenous dances like the Sinulog: Their effect on Plants
- 15) Ancient Filipino Science
- 16) Plants respond to Sound, Music
- 17) Seed Summit Presentation: Quantum Organic Seed
- 18) Limits of Perception full documentary on Science Channel
- 19) Organic Seeds as Basis for Sustainable Agriculture
- 20) Pocahontas' Colors of the Wind in Filipino
- 21) The Awakening 2011- Final Version. Full Length Documentary
- 22) TEDx Brussels 2010 – Lynne McTaggart – Can collective intentions make things happen?
- 23) Ancient Understanding of the Heart Field – Gregg Braden
- 24) Brain Plasticity and Transcendental Meditation with Dr Fred Travis
- 25) Living Better on a Hotter Planet

- 26) THE BIODYNAMIC WORKSHOP – An Outer & inner Quest for Sustainable Farming
- 27) Nobel Prize Winner Luc Montagnier Supports Science of Homeopathy
- 28) What is consciousness
- 29) Cancer healed naturally
- 30) Why people can't heal
- 31) Elisabet Sahtouris: Living Better on a Hotter Planet
- 32) Biodynamic farming as contributor to sustainability and climate protection
- 33) Life after death
- 34) How I Was Brought to Discover Owen Barfield. by Henry Gurr, Professor of Physics, University of South Carolina Aiken.
- 35) Good Digestion
- 36) 11 Steps to Better Health
- 37) Indigo Children: Indigo Coach and Flower Essence Therapy By Nancy Boyd
- 38) The science behind them...
- 39) Living Systems in Evolution
- 40) THE QUANTUM EXHIBIT Syensaya 2011
- 41) The case against academic cosmology
- 42) Cymatics, Sound Waves, Light Waves
- 43) Humans relegate their humanity to machines
- 44) How the Food Makers Captured Our Brains [And The Best Way to Fight Back]
- 45) A real Planet of the Apes?
- 46) Jill Bolte Taylor's stroke of insight

Here is what I wrote in the earlier posting of agnihotra, for those who do not have access to the internet. It would also remind you of the past issues.

Agnihotra Homa Farming – my Quantum Partner

June 17th, 2012

The many years of teaching, research-extension and advocating has led me to the conclusion that we need quantum solutions not only in Agriculture but also in the Environment and Consciousness, and in the other spheres of society (i.e., not only in the cultural sphere but also in the economic and political spheres). I was brought to commit to the practice of Agnihotra in 2007 after a super typhoon called Milenyo. I sensed that nature's forces are becoming graver yet here we are acting like it is business as usual. I am sharing the newsletter (issues 1-9) on Agnihotra Philippines Forum to solidify the intention of spreading the practice. I initially posted them in my other sites:

<http://agnihotrphilippines.blogspot.com/>

<http://agnihotrphilippines.multiply.com/>

The effect is amazing, the practice so simple. The practice has multi-level effect. I have been serving as distribution source of the pyramid and the needed consumables, including literature. Shipping in the country is easy. Coming up is the 10th issue.

I want so share too that Agnihotra is a partner practice of the Don Bosco Foundation for Sustainable Development Inc. which is primarily promoting and doing Biodynamics.

<http://goodnewspilipinas.com/2008/10/29/from-seeds-to-shelves/>

<http://96.0.107.6/?q=node/view/2329>

<http://davaotoday.com/main/2007/01/26/biodynamic-products-now-in-davao/>

<http://www.r1phils.org/PublicationsPamp.html>

Agnihotra Philippines Forum Issues

[Issue no.9 \(with appendices\)](#)

- [Appendix 1 Issue 9 Experiments on Quantum Energies](#)
- [Appendix 2 Issue 9 FAQs](#)
- [Appendix 3 Issue 9 Agnihotra Article](#)
- [Appendix 4 Issue 9 How to Make Ghee](#)
- [Appendix 5 Issue 9 Om Tryambakam](#)
- [Appendix 6 Issue 9 Imaginal Cells](#)
- [Appendix 7 Issue 9 MISSION and Imaginals](#)
- [Appendix 8 Issue 9 Science Concepts Surrounding Agnihotra and Homa Therapy](#)

Issues no.1-8

For the past issues of the Agnihotra Philippines Forum, please visit my website. Agnihotra was the impulse to my serious commitment to quantum agriculture, while Biodynamics and Anthroposophy have given me the strong scientific backing. Vedic science which strongly parallels teachings and concepts described in quantum physics also entered my realm.

My most recent event: EarthDance Manila 2012

2. I gave a talk at the EarthDance Manila 2012 last September 23, 2012.

<http://www.clickthecity.com/events/details.php?id=16259>; <http://www.facebook.com/events/412019685501776/>

With some practitioners and newbies, we performed the sunset ceremony. Some photos below:



Talk on Agnihotra



WORKSHOPS
Cosmos Room

- 9:00 am **Waste to Energy: Segregation, Recycling & Composting**
By: Bert Guevara, Earth Day Network Phils
- 10:00 am **Tai Chi Habits in Daily Life**
By Ed Sevilla, Tai chi Master, Stillmountain Tai Chi Kung Institute
- 11:00 am **Pinoy Laughter Yoga**
By: Paolo Trinidad
- 12:00 nn **Simplicity & the New Energies Entering for Humanity in 2012**
By: Carlos Palada, Earth Healer (Mayan Lineage)
- 2:30 pm **Healing the Earth through Agnihotra**
By Pam Fernandez, PHD (UP Los Baños)



Preparing for sunset Agnihotra



Post Agnihotra





The agnihotra group in back-left awaiting sunset agni performance

Mainstream media coverage of the event... In Dr. Pam Fernandez's lecture on "Healing the Earth through Agnihotra," it was the first time I heard of a Vedic ritual done to attract energy to heal the earth... It is believed that during sunrise and sunset, for exactly 30 seconds, an energy can be captured through filling a pyramid copper pot with cow-dung cake and lighting it up with fire. According to Fernandez, this ritual is practiced by some Filipino farmers to heal the soil of their land. .. Fernandez said, "Agnihotra creates a vortex of energy from the pyramid to attract a strong healing energy." KG, GMA News. By ALINA R. CO <http://www.gmanetwork.com/news/story/276281/lifestyle/culture/getting-funky-at-earthdance-manila>

Updates on some Agnihotra practitioners, new and old...

Note: many in my agnihotra network are yet to send in their testimony, thoughts or experience. Hope to include their sharing in the next issue.

3. **Flor Pablo-Tabbu** of Bay, Laguna (Healing Garden of Mother Mary) is a spiritual visionary and intuitive gardener who receives messages from the invisible or spirit world. She has various indications or revelations, some of which are about agnihotra. She affirmed that agnihotra is a spiritual task that needs to be practiced if we are to help in healing people and the earth and in averting disasters of great magnitude. She now applies agnihotra homa therapy, homeopathy, sanjeevini, etc. on her healing practice. She incorporates the agnihotra ash into an enlarged sanjeevini healing card that may be used for local and distance healing.

(http://www.blueiris.org/community/index.php?option=com_content&view=article&id=432).



She practices mixing a little of the ash into the water for watering mushroom fruiting bags (which also have been cultured in ways that may not be found in, or are contrary to, books).



Flor also intuited that the **sunrise and sunset ash may be segregated for greater potency** ... the sunrise is for nourishing, and the sunset is for healing.

Flor also proposed to enclose the agnihotra pyramid with a triangle figure using salt. I use 2 triangles made of split bamboo with salt on it; the figure- formed when these are put together during sunset creates the “Star of David” (which has a very sacred ancient meaning). One vertex of the triangle points to the east during sunrise; the other triangle is placed on top of the other and points to the west at sunset. Flor says that more power is generated this way and the salt also purifies the intention and energy. She also suggests putting lighted candle in each vertex during the ceremony, to represent the Holy Trinity... *My suggestion is to put off the candles before the mantra because the flame could interfere with the energy of the set-up.*



Morning and afternoon agnihotra with the triangles of ash and candles.

Flor had recently connected to **Baibayin** (*Alibata*), the Ancient Filipino script. She did not know what this was about but started freely writing the script. She also intuitively brought to written (visible) form (in Oct 3) the body movement corresponding to the agnihotra mantra, to be danced before or after agnihotra times. As we know the hands, feet and whole body when moved creates certain energy field that has impact on our body, the atmosphere and the greater environment.

Inner Dance is one such Filipino movement more recently manifested (although ancient), which produce great healing.

<http://www.bahaykalipay.com/?page=testimonials> Inner Dance Testimonials

<http://www.bahaykalipay.com/?page=thei&sub=2> About Bahay Kalipay

http://www.youtube.com/watch?feature=player_embedded&v=UAK1sw8OjMg#! Inner Dance in Indigo

na mama ... not mine
 prajā- ... all the living
 pataye ... The Lord
 swáhá ... offerino
 prajā ... all the living
 pataye ... The Lord
 idam ... this
 na mama ... not mine

na mama ... not mine
 prajā ... all the living
 pataye ... the lord
 swaha, ... offering
 prajā ... all the living
 pataye ... the lord
 idam ... this
 na mama ... not mine

Further message about agnihotra (Oct 4, 2012) from the spiritual realm, through Flor:

Agnihotra
 2012-10-04

It is ay isang pamamaraan ng paglilinis ng ating kapaligirang natural... Siya'y ibinahaqi sa isang lingkod sa dako paano, at sa angking kasanayan ay ipinamalas ang hiwaga ng kapangyarihan ng paghihiwalat sa mga bandal.

Isang agnihotra ay ginagamit ng mga bagay na ginagamit sa paglilinis ng kapaligiran. Ang mga bagay na ginagamit ay ginagamit sa paglilinis ng kapaligiran. Ang mga bagay na ginagamit ay ginagamit sa paglilinis ng kapaligiran.

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English translation of the Introduction:

Agnihotra (somehow an "n" has been added)...: This is a way to clean our natural environment... It had been shared by one who serves from a distant place + and by what is innately practiced is demonstrated a mystery of a power of faith to the sacred.

My Tagalog/Filipino-English translation of the Baibayin script written below the introduction:

Sa kanyang pag-awit ay binabati nya ang init at sinag ng araw na syang ipinagkaloob sa atin ng Dakilang Bathala # Pinapurihan nya ang taglay na hiwaga ng sinag nito upang dulutan ng buhay at kagalingan ang bawat madaluyan nito # Sa pamamagitan ng kanyang katangiang init ay

pinapadaloy niya ang hiwaga ng buhay # Binahaginan ng mga sangkap na syang daan upang maibahagi ang kalinisang isinasaboy ng kapaligiran na kalikasan # Kung ang bawat hakbang ay ipamamalas ng may kamalayan na yaong gawain ay isang uri ng paghahandog at pasasalamat sa Amang Bathala # Ito'y nagiging paraan ng kagalingan sa ating katawan### sa ating ispiritwal at sa ating kapaligiran.

(With its uttering/singing one greets the warmth and light of the sun which is given to us by the Great Creator # S/He purifies/glorifies/sanctifies the mystery in this light in order to give life and healing to all that receives its flow # Through the kind of warmth that it possesses the mystery of life is made to flow # The ingredients are the way to share and spread the cleansing power to the environment of nature # If every step is undertaken with consciousness that this is a kind of gift or offering and thanksgiving to the Great Creator # This becomes the way to healing our body ### the spirit and the environment.)

FLOR MENTIONED AS PER "INSTRUCTION" THAT... BAIBAYIN MUST BE USED ONLY FOR SACRED INTENTION OR WORK. USAGE OR APPLICATION CONTRARY TO INTENTION COULD GREATLY DIMINISH THE POWER, OR EVEN PRODUCE A COUNTER EFFECT.

4. **Penelope Reyes and John Vermeulen** of their EcoVillage-Tuwa the Laughing Fish initiative in Cabiao, Nueva Ecija... <http://tuwa.ph/ecovillage-design-education/> joined in the practice of agnihotra in September 2011. Now they have a cow (for the dung), and strongly practicing agnihotra in their area. Their **MISSION & PURPOSE** is to create an ecological community committed to a holistic lifestyle. The Ecovillage is a pilot showcase of sustainable land development that integrates holistic land planning for rehabilitation of degraded areas, carbon sequestration and off-grid living with green energy... Agnihotra became part of their training curriculum and they make the pyramid available to those interested.



Here is a sharing from Penelope: Agnihotra is alive and active in our daily life here at TUWA THE LAUGHING FISH. Aside from performing the ritual, we use the ash in sprouting mung bean seeds and they produce the most amazing bean sprouts. Full of energy and flavor! It is indeed a blessed life....



Agnihotra ash mixed into mungbean seeds for sprouting

5. **Ishilta** in Quezon City shares that his cat which can barely walk got well with agnihotra ash (fed twice) the day after. He himself brings the practice into his advocacy and practice. His involvement: *Intuitive Marketing Specialist & Social Mover, catalyst for Phil. Spiritual & Cultural Wellness Tourism 2012* FB: [facebook.com/bodhishilta](https://www.facebook.com/bodhishilta)
6. **Troy Bernardo** of Makati does agnihotra and has brought the practice to his yoga initiative in Makati, MM. On Troy: *he is a freelance writer, yoga practitioner, and one of the traveling teachers of Kalipimu, or Inner Dance, an energy-based modality that allows one to get in touch with the inner Spirit and take the first steps toward healing and profound change. He brought this to Morocco, Portugal and Spain, spending most of his time in Andalucia, and in 2009, Peru. He also gives talks on his experiences on being Alive, Aware and Awake.*
7. **Edith Tobias (with husband Jing Tobias) of Makati** has continued to practice agnihotra and homa therapy. Edith is deep into the practice and teaching of Reiki. She had led me to valuable websites to enrich my agnihotra learning resources.
8. **Ronilo Calinada** of Naga, Cebu is quietly but committedly doing it in his farm, and using the ash for health management. His area is surrounded by some mining activity.
9. **Jaidy Borlasa** of Cebu City is much into community cum spiritual work (meditation, etc.) and spreading her agnihotra to other provinces... like in Leyte.
10. **Emet Fernandez** (my aunt) and **Renoy Fernandez** (my dad) have been doing agnihotra daily in Mambaling, Cebu City since 2007.
11. **Zen Darunday** of Tagbilaran, Bohol, is as far as I know the first to do it continuously and seriously in the country... since early 2000. Her practice is still going strong. She applies agnihotra-homa therapy into her ube (purple yam) farm and in her healing facility.

12. **Dingo Porte**, Pabinhi farmer leader in San Luis-Kamalatan, Aurora has influenced some farmers, POs, NGOs, LGUS, individuals (including some religious and military people), to appreciate the practice and take the ash. He applies homa therapy into his farm and animals. His interest and testimonies continue to flow and adds to those detailed in previous issues.

13. **Poldo Guilaran** (Pabinhi farmer leader, rice breeder) from Kabankalan, Negros Occidental has been training farmers especially in the western part of the Visayas, NGOs and local government units on organic agriculture, and agnihotra-homa therapy is something that he incorporates into the curriculum whenever there is a chance. He was R&D staff of Negros Organic Agriculture Center (NOAC), and now developing an organic farm with agnihotra in Iloilo City. His earlier testimonies on healing were also most notable.

14. **Perfecto (KaPecs) Vicente** (MASIPAG farmer-scientist trainor, doing rice community seed banking, breeding and organic farming) of Sto. Nino, South Cotabato shared the following:
Agnihotra gives hope to those in pain and with discomfort. (1) My neighbor Pete J (74 years old) was very ill: part of his colon is extended outside his body. Doctors already cut part of it but Pete did not want to take the high risk of infection thus avoided the medical procedure to put the part back in completely. Then agnihotra came along, about a year ago. He now looks much healthier with skin greatly revitalized, thanks to the agni-ash water and frequent agnihotra attendance at KaPecs'. The legs became free of varicose veins (related to the colon ailment) and became smoother. (2) I was hospitalized for 11 days and was dismayed and depressed because of the recurrence of my lung condition, the expenses, and my financial situation. I did not want to take the prescribed medicines, and the horrid conditions in the hospital are hopeless. I wanted to do natural cure. Now I feel much better and can already do some light work.

15. **Bernie Aragoza** moves from one farm to another in Luzon developing them into sustainable agriculture (organic) areas, using indigenous species... he performs agnihotra and homa therapy in the areas where he works. Like me, he began the practice in 2007. He recently introduced to me **Yogic farming**, another quantum agriculture technique from the Vedas. http://www.yogickheti.com/Project_Details.html

16. **Oscar Regalario** who is variously engaged in PO/NGO leadership in Iriga, Naga, Camarines Sur has brought agnihotra to his locality and the region through his various organizations and advocacies. Lately he gathered approximately 4.4 tons per hectare in his organic rice where he used agnihotra ash in seed storage. He also used the ash in pre-soaking seeds and during broadcasting, as well as when spraying later with guano (biweekly up to blooming, for nutrient and pest management). Crop vigor was reportedly very good and he was not bothered by insects and snails and had much less (1%) unfilled grains than before. He also applies the ash in his home and health management.

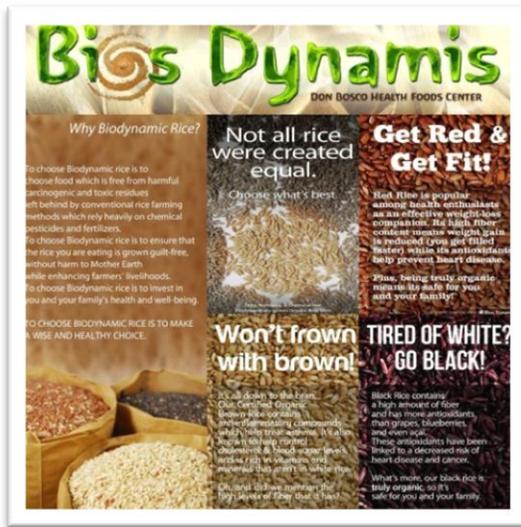
17. **Ray and Vernie Lucero** of College, Laguna are very happy with the outcome of their ace commercial compost products that got the benefit of agnihotra. Their garden also continues to astound them as orchids and other ornamentals show off their beautiful flowers at unexpected times.
18. **Val Dee** of Davao del Sur who works as a nurse also continues to practice homa therapy at home.
19. **Pearl Marian Peralta** of Legaspi City has brought agnihotra practice to her area. She is among the early student adopters. **Shalom Villalva**, on the other hand, brought agnihotra practice to her Cavite hometown and to Marinduque province.
20. **Geoffrey de los Reyes** of Putho, College, Laguna shared that on his first agnihotra performance (this October) his stomach ache felt a focused warmth from the pyramid and the pain readily disappeared. Because his field is BS Mathematics and Physics Teaching major in Chemistry, he is naturally into the science of agnihotra. He shared the following: *there was some green flame in the agni flame in one of my morning Agni. In one of our chemistry subjects, it was discussed that exposure of a metal (for example copper) in a flame of certain wavelength, will result to emission of green color in the flame. I just thought that it could be the reason/connection why I see some green flame in the process. Amazing colors from the pyramid!*



<http://www.daviddarling.info/encyclopedia/C/copper.html>

Geoff also shared that within a week the vegetables growing around him became more vibrant and grew phenomenally fast. The fruits of tiesa tree (*Pouteria campechiana*) located nearby also ripened faster than expected. Geoff also prepared a powerpoint presentation on agnihotra - the chemistry and physics of it, which may be shared to anyone interested.

21. **Betsy Gamela and Nono Laurilla** of the Don Bosco Foundation for Sustainable Development, continues to partner their Biodynamic practice with agnihotra-homa therapy (<http://www.cebusmile.com/features/2008/10/soil-to-soul>). Their fields are highly productive... They have now 3 Bios Dynamis stores in Mindanao and one store in Quezon City in Metro Manila. (<http://www.facebook.com/biosdynamis>). They have distributed over 100 pyramids to farmer partners.



Farmer members of the Foundation continue to practice agnihotra with biodynamics and apply homa therapy. Stories of healing have become common among them. Recently, one of the farmers claimed that a big cyst on his back finally ruptured in a few days and subsequently disappeared, and this was attributed to the use of agnihotra ash. Here is a little history of the initiative: *The Don Bosco Foundation for Sustainable Development, Inc. (DBFSDI), formerly the Don Bosco Diocesan Youth Center, Inc. (DBDYCI) has its roots in the Diocesan Youth Program of the Diocese of Kidapawan. In 1985, a program or apostolate for the youth of the Diocese of Kidapawan was launched in time of the International Year of the Youth. This was spearheaded by Ms. Maria Helenita "Betsy" L. Ruizo, a former philosophy instructor of Xavier University, Ateneo de Cagayan in Cagayan de Oro City, who was invited by Fr. Alfredo Epiz, OMI to join the Diocesan Pastoral Team of the Diocese of Kidapawan. Joining her were Nestor Gamela, Willy Flores, Dinia Laurequez and Romano "Nono" S. Laurilla.* <http://www.infoguidephilippines.com/makilala,-cotabato-9401/community/don-bosco-foundation-for-sustainable-development--inc--dbfsdi.html>; <http://www.businesslist.ph/company/89176/don-bosco-foundation-for-sustainable-development-inc-dbfsdi>

22. **Dr. Grace Zozobrado and Walter Hahn** in Puerto Princesa Palawan are devoted in practicing agnihotra and applying this into their life and work in medicine, healing, education and community work.
23. **Arthur and Annie Tanco** of Makati, MM (with farm in Tanauan, Batangas) have applied agnihotra-homa therapy practice in their farm and enterprises, including their popular Bizu café in various parts of Metro Manila.
24. **Arma Bertuso** of Bay, Laguna has installed the agnihotra practice into her home and family. Her young nieces and nephew are much into the performance.

25. **Lakapati and Alvin Basa** of Las Pinas, Manila (<http://www.facebook.com/Lakapati>) have very recently joined in the practice. They run the "Kusina ni Lakapati" (Lakapati is founder and chef)... Lakapati who also teaches "Reiki" and "quantum touch" joyfully shared the following: My husband Alvin, after agnihotra, told me about some hitches in our business... and I was ridiculously and epic calm... Even I could not believe it. Normally, I'd be really furious... He said he did it on purpose to see if it really increases patience, and it did! I read to Alvin that cow dung was discovered by the Chernobyl scientists to be the only thing that does not hold radiation, it seriously wowed him to no end. He said no wonder it is called holy s (*and holy cow*)... Thank you again for helping my husband and I get started with Agni. It is great to have a ritual which brings us together everyday, both in the morning and before welcoming the evening. We usually come together only during dinner, at the table. This is a much welcome practice. On top of observable "changes" the last few days (i.e. increased patience towards each other) I also noticed the following:

- ***My Reiki practice is enhanced*** - after my second initiation, it is a common practice to perform self-healing for 21 days. Channeling energy is much easier, faster and the flow is stronger. The space is immediately well-held and I do not have to do my usual space clearing practice prior to doing Reiki :) (I believe I never practiced an easier and more effective space clearing protocol in my life, which means I am going to integrate agni for this particular purpose. It's super easy too.)
- ***My practice of Ashtanga improved*** - I recently took up Ashtanga yoga--much thanks to Grace's patience and persistence! I used to avoid it at all cost--and resonated with its ability to arrest all thought (put the conscious mind to sleep and increase focus) and induce fire in the gut. It's so much easier to perform the surya namaskara and vinyasa after agni...all energies seem to align to bring you to a deeper meditative state with no additional work---LOVE IT!
- ***I am emotionally healing through dreams*** - on the second day, I had dreams of people very important to me...it basically reinforced all the inner work I have done to work with the past hurts and residual anger. Alvin had the same dream theme, working on healing too :) We believe it was Agnihotra helping us.
- ***My fondness for raw food increased*** - for some reason, I am starting to eat more raw since the first agni at home. Remember I said before that I require a cooked meal for dinner in order to ground, these days, not so much. It seems like I am more conscious of subtle energies and I am becoming a more effective vessel in terms of channeling and in expending energy.
- ***My husband's memory is improving*** - hallelujah!
- ***My potted plants are starting to grow some more, and faster*** - Yay! I put the bigger pieces in the pot and my kenchur is growing faster, the gynura cuttings adjusted and grew roots easier than usual and the leaves our cats chewed on healed.
- ***Seeds sprout at a faster rate*** - I sprout munggo and clover weekly. I soaked the seeds in water with agni ash and in less than a day, seeds started sprouting while they're still soaking.



I've yet to integrate Agni with Inner Dance. I realize I could use this to clear space if I am facilitating outdoors because there are times there are just too many elementals around for participants--especially new to the dance--to see a clearer picture of any messages or things they have to work on. I'm sure I am going to notice much more later. I'm super happy you came and taught us Agnihotra. Such a blessing .

26. I (Pam) with Anita Mendoza (and occasionally with Lydia, Radi in the afternoon, and Nimfa) in College, Laguna do the agnihotra twice daily at home. Chun (my husband) and Gayle (daughter) attend the sunset sessions. Chun continues to be grateful for the increasing benefits that agnihotra has delivered to our home. Jojo Mortel who is the garden master continues to apply various quantum practices in the yard, with agnihotra ash as base. The place has become the venue for occasional field trips of school children and adults to learn about agnihotra or quantum gardening and living. In Isabela, Anita's hometown, her relatives continue to use the ash. Right in College, Laguna, Pam shares her ash with some "street children" who attest to the quantum effect of the ash for their various ailments. The ash is basic and essential in our home. In addition to taking ash capsules daily we also use the ash in our water and that of the pets and chickens. We apply ash to our food washing, cooking, fermentation and sprouting; also to our foliage and flower vases.



Vibrant garden with agnihotra

27. **Dr Pinky Baclig (with Shei and Diding)** of Blumea has incorporated homa (agni) fire and homa therapy in her/their medical practice (anthroposophic medicine) in Quezon City and Makati.
28. **Johnny Danganan** of San Pablo, Laguna and who applies his inner dance to art and healing, shared that his dogs had been healed of various ailments by giving them agnihotra ash. Now he gives them the ash daily in the drinking water. Also, he noted that his drinking water in a glass is shared by ants and lizards when kept open at the dining table during the night. (*I have the same experience with lizards.... Like the dogs, lizards also like to lick the cooled ash in the pyramid.*)
29. **Emman Bernardo** (a student at UP Los Banos) did a formal study of agnihotra ash in the tissue culture of carrot. His amounts were “0”, 0.01%, 0.1%, and 1.0%. He found that the best level that stimulated callus growth was the lowest amount of ash which gave approximately 70% more weight than the control. The lowest was the 0.1% level, and those given higher amounts also increased growth correspondingly. The results were consistent in two generations of calluses. This is a milestone in our agnihotra research... Emman presented a poster entitled “Growth Promotion of Agnihotra Ash in Callus Cultures of Carrot“ at the 8th Scientific Convention of the Philippines Association of Plant Tissue Culture and Biotechnology, Inc. At Aklan in April 2012. The poster gathered curious guests and a number of fired up individuals.



30. **Gerry Garingalao of Guimaras**, a farmer leader and scientist of Pabinhi Pilipinas shared his personal journey in agnihotra and has successfully engaged more farmers to do it. Lately he is promoting it to the local and provincial government, with great success! Here is what he shared...

My friends, in 2007 Pam offered me to try agnihotra in my province of Guimaras. I was reluctant at first, afraid that I might summon some unknown forces (evil maybe). My earlier reluctance also stemmed from the fact that I had difficulty with my earlier experience, in actualizing biodynamics because of insufficient knowledge and the difficulty of getting the BD preparations locally... Pam assured me that agnihotra is much simpler, with effects that are just as great, quantum. I then decided to give it a try. At first I read the materials about agnihotra and there I thought, why not? You see my being a student of new impulses is natural with me. I was into Korean Nature Farming in 2001, but already was doing organic farming earlier, including breeding of corn. Biodynamic management especially being guided by a BD calendar was started in 2004. With these the crop still did not fare very well. Our bananas were attacked by fungus and had bunchy top. But after only a few weeks of performing agnihotra, the bananas underwent dramatic change. They started growing healthy leaves and the harvests were remarkable: better taste, good texture and bigger fruits!

I serve as the local person in spreading agnihotra in Guimaras and nearby areas in the Visayas region. I have given lectures which also include making of cow dung cakes and ghee. Let me share also that I experienced some mystical phenomena... In my first agnihotra session (Oct 2007) trees on east side seemed to dance without any breeze, insects (cicadas) chirped in unison, birds sang in chorus. On my 4th workshop on agnihotra a photo showed a bright light from my hand connected to the pyramid; this was captured using a digital camera (reported in the earlier newsletter). On the 6th workshop conducted in another place 2 trees in the east side of the pyramid also danced without any wind, while the earth slightly trembled. Those who attended the session did some inquiry if there was a felt quake in the area. There was no report on this from the neighbors nor from the media.

Our challenges related to agni practice are the constant rains (drying of dung) and unavailability or cost of unsalted butter of specified brands. An order of cow dung from another distant town could thus not be met. Now members of our organization Hubon Him-al-usanon have agreed to share their dung cakes, if they the cow; while others who have access to butter, their ghee.

There can be pages after pages of healing testimonies I can give. I earlier mentioned about my 88 year old mother who used to spend P300-500 daily for her medicine. My sister, who shoulders the bill, now only spends an amount to buy a bar of butter (P100) to make ghee weekly, in exchange for ash for our mother. Our own family expenses on medicine have been reduced to almost none (sometimes, we can't defy the order of dentists) ... the agni ash took the place of paracetamol, vitamins and antibiotics. Our 4-year old granddaughter- the country's first agnihotra baby according to Pam- thankfully has continued to be free from any pharmaceutical medicine. She is now 5 years old and inclined to healthy living.

My wife Susan, who is a local government worker, and I (as an SRI trainor) also applied agnihotra in our rice research project. On the last part of September our harvest during the ceremonial cutting was roughly estimated to be 6.5 tons per hectare.

In the early part of 2011, children in the neighbourhood enjoying a bath in the rain shouted that the rains smelled and tasted like butter!

31. **Flor Cantiveros** in Minglanilla, Cebu shared the following: My 6 dogs like to attend the performance of agnihotra. They are given the ash in their drinking water. When sick they are given agni ash with honey and lactobacillus concoction, and they recover the following day. The puppies that recently joined the household had some skin problems which readily disappeared after ash application. I also had some skin infection in the soles of my feet which also got healed in just a few days after ash application. Daily I take ash capsules. Overall I experience great sense of peace and wellness internally and in my surroundings. I became less anxious or less worried for example, about security. Some plants that were dying because my dogs were playful with them also unexpectedly recovered, while my flowering plants, especially the orchids were blooming in no time with the ash application and agnihotra atmosphere.
32. The **students of UPHILSAMS** (University of the Philippines Society of Agronomy Major Students), with **Zeta Derikka Sanchez** as leader had performed agnihotra many times in the Crop Science building. They do this at times when they were preparing for some events like during the school-wide Christmas Lantern contest (2011) where they won several awards and where they also reported that their energy level, harmony and creativity were amazingly high.



The multi-faceted Christmas lantern which won first prize in design and creativity: Star of David turned Christmas tree! Used to decorate were colorful seeds, recycled materials and others.

33. **The UPHILSAMS** students also held an exhibit at Agronomy with the title: *Exploring beyond the borders of Agronomy -The seed of change*. The soul of the event was quantum agriculture. Biodynamics, agnihotra and local knowledge systems/practices were the main quantum practices featured. Some photos below show multi-talented and highly artistic students...



34. **Alex Bongon**, an organic farmer of Save the Soil Foundation, started his agnihotra practice after my talk at Naga, Camarines Sur, last August. His area is in Cadlan, Pili, Camarines Sur. He shared that agnihotra is indeed amazing.

35. **Gelon Gasendo** of Bayawan City, Negros Oriental who is with the LGU, started agnihotra in that part of the country. Gelon is into the many aspects of organic agriculture.

36. **Mariese Vacalares** of Misamis Oriental (and Cagayan de Oro) engaged some of her friends to join her in the practice agnihotra. She is very active in enriching my own science and spiritual understanding, thus helping me a lot to deepen my agnihotra advocacy.

37. **Pam in UPLB:** Through my own work in the academe agnihotra was brought to different places. Mostly, it was through my engagements in organic and quantum agriculture. The new law on Organic Agriculture (2010) has made it easier for me to introduce Agnihotra-Homa Farming and Biodynamic agriculture, both of which I consider being under Quantum agriculture practices. Some of the more formal events where agnihotra was introduced were as follows:

- 1) 2011 July 27-29: **“Quantum Agriculture Exhibit”** at Syensaya 2011. Held at Baker Hall, UP Los Banos. Attended by students with their teachers around CALABARZON area, the local and outside community. Had approximately 10,000 visitors in 3 days.



- 2) 2011 July to November, 3 batches . **“Organic Quantum Agriculture”** at the National and Regional trainings on Organic Agriculture by the Department of Agriculture and Agriculture Training Institute- attended by field technicians and trainors. Held in Bacolod, Negros Occidental.



- 3) November 7 and 21, 2011 (2 batches): **“Sustainable Agriculture, Organic Agriculture and Quantum Agriculture”**. Held during the Regional Training of Trainers on Organic Agriculture for Agriculture Extension Workers in ATI-RTCIII. Venue: Dinalupihan, Bataan.
- 4) 2012 January 12: **“Quantum Agriculture”** in Cebu City with NGOS farmers, etc. Main host is Magtambayayong Foundation. Attended by farmers, NGOs, private groups (50).
- 5) 2012 February. **“Quantum Agriculture”** with graduate students and teachers of the SAIDI (Antipolo, Rizal). Held at Taguig, Rizal.
- 6) 2012 March: **“Quantum Agriculture”** during the Foundation Week at UPLB College of Agriculture Foundation.
- 7) 2012 March: **“Quantum Agriculture”** at the UP Rural High School Annual Home Economics and Agriculture Fair.
- 8) 2012 March 21: **“Quantum Agriculture-Do you Agri?”** ... a student program on radio which brought together scientists and students to discuss the science of Quantum agriculture. Transcription and interview is available here: **Quantum Agriculture on Radio and an Exploration on Pseudoscience** <http://www.quantum-agri-phils.com/?p=549>
- 9) 2012 March 27: **“Organic Seed”** at the National Seed Summit, held at the Bureau of Soils and Water Management, sponsored by the Department of Agriculture and the Philippine Seed Industry Association. Discussion and powerpoint presentation are available here: <http://www.quantum-agri-phils.com/?p=282>; <http://www.quantum-agri-phils.com/?p=268>
- 10) 2012 June 28: **“Organic Quantum Agriculture: Applications in Farming and Daily Living”** - held at the Department of Agriculture Compound in Pili, Naga, Camarines

Sur. The talk was part of the monthly meeting and updating of the Dept of Agriculture Region 5 and the Regional Agricultural and Fishery Council 5 (Bicol Region).

- 11) 2012 September 23: **“Healing the Earth Through Agnihotra”**. A workshop and practice of agnihotra at the Earthdance 2012 Manila in Taguig, MM.

- 12) **Agnihotra in Classes, Courses, Student organizations**. Several UPLB students who have heard about agnihotra or have experienced the performance or healing ash have excitedly chosen the topic for their Science, English or Speech presentations/projects. Some have invited me for general topics and I introduced agnihotra therein. This has created more “radiation effect” (positive radiation) of agnihotra.

Some internet links and news materials for more testimonies and further understanding of the Science of Agnihotra

38. A little review on the science of the pyramid may be found in this newsletter:

http://www.agnihotra.com.au/sites/default/files/satsang/4_Satsang_July-August-2012.pdf . Here you will also see photos of defective pyramids. Other sources that describe the pyramid used in agnihotra may be found here: http://www.homa1.com/concept/agnihotra_engl.htm;

http://merupyramids.com/agnihotra_pyramid.html. Other aspects like sunset and sunrise times, research findings regarding microbial counts, agriculture, and radiation, as well as on how agnihotra is being used among alternative healing may be found here:

http://www.altmedicenter.com/am/agnihotra_homa.asp?pageID=agnihotra_homa.asp. Research studies are further given here: <http://sodayag.org/scientificstudies> .

39. Following are some leads to some recent newsletters or messages...

- 1) http://www.youtube.com/watch?v=IZAaGB_47BI&feature=player_embedded#! Orion Transmissions Prophecy Music Video Ancient wisdom for a new world - Inspiring planetary messages for today's times, as received by Parvati Rosen-Bizberg, healer/artist. Original music and video by Jacob Sawyer. For more messages from Orion see www.oriontransmissions.com .

<http://www.homatherapy.org/content/orion-transmissions-prophecy-0>

- 2) A recent newsletter <http://agnihotra.org/sites/default/files/sat712.pdf> .

| | |
|---|----|
| Agnihotra Pyramids-- The Scientific Meaning | 3 |
| Agnihotra Timings App for iphones | 8 |
| HOOOFING! | 9 |
| Healing with Homa Therapy | 12 |
| From Shree Vasant’s Teachings | 14 |

- 3) http://www.agnihotra.com.au/sites/default/files/satsang/3_Satsang_May-June-2012.pdf

| | |
|--|---|
| Invitation to Somayag 2012 | 3 |
| To Make Somayag Donations from the U.S. | 6 |

- Agnihotra in New Zealand: November 2011 Workshop Tour 7
- Western Australia gets Fired Up: Agnihotra Workshops April 2012 9
- EMF Distortion Neutralized by Homa 10
- The Potency of Homa-Grown Medicinal Herbs..... 12
- Healing with Homa Therapy 13
- From Shree Vasant's Teachings 14
- 4) Earlier issues: <http://www.agnihotra.com.au/satsang-issues>
- 5) Homa Health Newsletter # 76 <http://us.mg6.mail.yahoo.com/neo/launch?.rand=9iit9i8tn3ae0>
- 6) **Others, next time...**

40. Finally, here is a chart to add in the understanding of the science of agnihotra... Quantum vs Newtonian (materialist) science.

| The difference between Quantum and the older Science | | |
|---|-----------------|--|
| NEWTONIAN | by Phyllis Kirk | QUANTUM |
| Matter is made up of 'things' | | Matter is bundles of energy in relationship to each other |
| The world is a clockwork machine | | The world is a great thought |
| We understand things by taking them apart | | We understand things by looking at the whole |
| Knowledge comes in pieces: science, math, art | | Knowledge is seamless |
| People have narrow, specific skills | | People learn continually and are multitalented |
| Motivation is based on manipulation of external lures | | Motivation is based on a person's connection to the whole |
| Things fall apart | | Things self-organize |
| The basic unit is 'things' | | Relationships are all there is |
| Structures are man-made | | Structure emerges |
| Order comes from having structure | | Order comes from freedom of information |
| Information should be closely managed | | Information should be open, abundant |
| Either/or | | Both/and |
| Certainty | | Inconsistency |
| Predictable | | Random |
| Determined | | Undeterminable |
| Linear | | Non-linear |
| Observer/observed | | Participant |
| Duality: good/bad, right/wrong | | Wholism: it all belongs |
| Judgment and exclusion | | Perception and choice |
| Change is the troubling exception | | Change is all there is |
| We want equilibrium- - - | | We want to be at the edge of chaos~~~~ |
| | | <small>http://www.themagicofquantum.com/forward.php</small> |

Until next issue, thank you for being with me in this journey. God bless us always.

Pam Fernandez, UP Los Banos, Laguna

1. *"A healthy social life is found only, when in the mirror of each soul the whole community finds its reflection, and when in the whole community the virtue of each one is living"- R Steiner*
2. "Knowing is not enough, we must apply. Willing is not enough, we must DO" – JW Goethe
3. *"The goal of life is to make your heartbeat match the beat of the universe, to match your nature with Nature -J Campbell... Agnihotra can help in this realignment!!!*