

Agnihotra Philippines Forum # 8

May 2009

Hello dear friends,

This issue has taken almost half a year to complete. Many other things took priority. The second anniversary of my agnihotra practice was last March 2009. Many things have happened since then. The reports that used to come my way I believe have now taken a different route. Many are now sharing their testimony among themselves, like with co-farmers or friends and many do not reach me anymore. Others have stopped performing, while a number who got the kit have not yet done the initial step. So I hope by receiving this material interest is rekindled. We just need to remember that many like to do agnihotra for their own healing, but earth healing is equally or even more important. Can you imagine that by lighting that small pyramid we actually contribute to earth's wellness in a quantum scale? For the science part, oh, there are so many literature that may be found in the internet. For the religion part, don't worry. You'll discover that it is science and spirit combined, and not attached to any particular religion. Humanity now is a bit short on the "will" which we may have to collectively and individually overcome. Try doing agnihotra for about a week and you will also notice a changed will-impulse. The health... ah, only a day or two and something would already "stir" in you. Agnihotra is indeed a renewed old science that rides into the quantum physics wave. And yet it is so simple!

I will be receiving a new shipment of pyramids in two weeks. You may just send me a text (09193744287) or email (pamela_g_fernandez@yahoo.com) if you want to receive one, with or without the consumables and accompanying literature. If any of you have testimony, please share it with me, so we may tell others about it. We need to create a "field" through our own acts (agni doing, using, and sharing), so that our intention is activated, becomes reality and bear fruit. It would be hard to justify our continued complaining about our problems if we have not done our share of deed and service to earth and fellow humans.

From the informal network and my little search, please read on, but first let me thank you for your sharing and good thoughts, and making this initiative alive.

Pam Fernandez

1. Deep organic farmers have become agents of human healing. This is happening to Ka Dingo Porte of Aurora Province. He is a member of PABINHI Pilipinas. People come to his farm to learn about agnihotra-homa farming, on top of the other techniques that he shares, which include making of friendly microorganisms. He reported that even some military people became curious and tried the ash with very encouraging results. Other people in the area have

become interested, including members of the religious. They are waiting for arrival of pyramids.

One other active farmer of PABINHI Pilipinas, Gerry Garingalao (of Hubon Himal-usanon, Nueva Valencia, Guimaras), wrote last October 2008 the following:

It was in the early part of 2007 when Pam first tried to bring me into the world of Agnihotra, but I didn't give much attention to it since I was preoccupied with my own work in my own farm, with my family, and my extension work: campaigning in my own small way against the programs that are still under the Green Revolution framework.

At that time it seemed that the advances and the innovations we've made with Korean Nature Farming was enough. The knowledge shared to us by our co-PABINHI farmers about Biodynamic farming I also thought was more than enough. Added to this feeling was the fact that we have successfully extracted silica from rice hull with the help of our Canadian interns from REAP Canada (Helen Jensen and Christina Rehbein).

I was committed to prove the powers of BD Preparations before I thought I would embark on this ancient ayurvedic technology. But I found it very hard to collect the materials needed for BD Preparations. So with Pam's assurances that Agnihotra can demonstrate as much power as Biodynamic, but is simpler and easier, I then said to myself, why not?

I have conducted two simultaneous Season Long trainings on SRI (System of Rice Intensification) from June to October this year in our municipality in collaboration with our LGU (local government unit), and used Agnihotra ash with astonishing results. The different rice cultivars that I used were treated with Agni ash, the bokashi was premixed with Agni ash, and Agni ash was also added to the KNF (Korean Nature Farming) preparations sprayed to the crops and the soil of the SALF or sustainable agriculture learning farm (a CD and written reports duly signed by the participants and agriculture technicians is available).

With regards to the names of the people who have benefited from the healing powers of Agnihotra ash, I will only list a few as it will require several pages of papers if I will do all.

- a) Clarita Garingalao, my very own mother. Before my sister used to spend at least 500 pesos a day for her medications (vitamins, antibiotics, pain killers etc.). Now she takes only fermented herbs and agnihotra ash.*
- b) Empress Garingalao, my first grand daughter whom Pam fondly calls the Philippines' first Agni Baby. She takes in her mother's milk, ingests ash regularly and attends sunrise and sunset agni-homa sessions done by her mother (my daughter) when I am not around. On her 6th month onwards we regularly give her agni ash mixed with our native honey. Agni ash is also added to her water and other food supplement preparations. Photo below:*



Empress taking agni ash

- c) *Ramona Noble, one of our training participants (SRI Farmer Field School). The gangrene on her right leg miraculously healed after only a few days of treatment with agni ash (a photo on this is available).*
- d) *Isidro Galves' father-in-law. Isidro was another participant who recently graduated from our SRI season long training. His father- in-law's TB also miraculously vanished.*
- e) *Fely Galgo's burned arm healed fast with agnihotra ash (a photo on this is available).*
- f) *The spouses of Mamerto and Maria Gargue, both septuagenarians. Their children used to spend at least 500 pesos a day for their daily maintenance, vitamins, antibiotics, creams for their bed sores, mouth thrush etc. Agnihotra ash healed these fast as well.*
- g) *Ana Gapoy Barsiga. She got healed of her goiter.*

Above are those that I can best remember. The countless people who received agni ash from those who got ash from me (and got healed) are in turn now using ash regularly. Domino effect at work!

The people who have benefited from agnihotra, especially those from within our organization (Hubon Himal-usanon), are now variously helping in the practice according to their means. Some provide the raw materials for agni, and in turn get a steady supply of agni ash. Others prepare the dried cow dung, and those who can afford it more provide the unsalted anchor butter. It is a dream of some of our members to also have the copper pyramid in the future.

2. Goiter and asthma. Lydia from College, Laguna has had been diagnosed to have goiter since 15 years ago, and had been under medication for 7 years. Such medication is designed to be taken for a lifetime. Since she practiced agnihotra for more than a year now, she no longer experience the symptoms. Her latest check up results already proved normal. Her 4 year-old granddaughter had been suffering from asthma. Since a year ago, or after four months since child started drinking ash water with her milk, the asthma attack became less frequent and was considerably milder.

3. UTI. Anita Mendoza residing in College, Laguna relates that since childhood, she suffered from urinary problems; always had "UTI" or urinary tract infection. When she started drinking agnihotra ash in 2007 her UTI disappeared. She now practices agnihotra twice daily.

4. Respiratory, nasal problems. Elsa Zamora 51 years old, from Pangil, Laguna used to complain about congestion in her respiratory tract; said she had lots of phlegm in her sinuses and the discharge had foul smell. She also reported experiencing some ringing sound in her ears and often felt dizzy (symptoms of vertigo). This had started some 3 years back and she had been to many doctors and did not find any relief nor healing from them. After two weeks of taking agnihotra ash, the ringing and vertigo symptoms lessened. Now, about half year later, she claims that she is free of all the above illnesses.

5. Local government officials are now doing agnihotra. This was reported by the Don Bosco Youth Fdn of Makilala, North Cotabato. The mayor, administrative officer, budget officer, accountant, treasurer, and technicians of Surallah are already practicing agnihotra. A priest who was doing a training with them and who had swollen feet at that time was already walking normally after a week. Some more astounding healing are being experienced by the training participants of the Don Bosco group.

6. Provincial government level training on agnihotra training. Gerry Garingalao has spread the practice and teaching of agnihotra and homa farming from Guimaras to the neighboring provinces of Negros Oriental (Bayawan town), Aklan and Antique, where government officials are involved. Together with Poldo Guilaran (both are Pabinhi members), they are conducting a training for the provincial office of Negros Occidental this May 6-8, 2009.

7. Invigorated lungs, family peace. Ramon Gulay of Bay, Laguna, started doing agnihotra last year. He related that since he was 16 years old he had been dreaming of winning a bike race. He can never win; he didn't have enough "wind". Now he is 52 years old. He had started taking agnihotra ash in 2007. In a few weeks time, he noticed improved lung capacity when biking, and finally started winning bike events; he even won over those in their 20s and 30s. He attributes this to agnihotra. He also cites that at home there's significantly more peace and family harmony. Family members have become more calm, serene, and understanding. Ramon also learned biodynamic and permaculture recently and is applying these where he works.

8. Agni's life-body regenerating property. Efren of Guimaras accidentally cut his thumb with a bolo (garden knife) down to half the nail length. He wrapped the remaining thumb with agnihotra ash and covered the injured finger with gauze. Sometime thereafter, he found the thumb had regrown to the original size. (reported by Gerry Garingalao)

9. Rapid recovery from dog illness. Johnny Danganan of San Pablo, Laguna shared that two of his dogs exhibited parvo-like disease and were very weak and seemed to be already at the brink of death. He fed them ash. The next day the animals were well again.

10. Anthroposophic medicine infused with homa therapy. Blumea Clinic (in Makati and Quezon City), which is doing anthroposophic medicine is now combining agnihotra- homa therapy in its practice. The staff report much enhanced healing events of patients. They also reported that the clinic's yard, which used to be really bare, rocky and soil-less, now has become lush and

green. Several medicinal herbs which are useful in their clinic just sprouted therein! They incorporated agnihotra into their practice just a year ago while biodynamics has been with them for many years already. Both agnihotra and biodynamics, which are “quantum” techniques, have greatly contributed to the vitality of their garden and practice.

11. Peppering not compatible with agnihotra? Peppering is a technique under biodynamics that uses the pest itself (in super-small or diluted amounts) to cure an infestation by the same pest (like cures like principle). According to Lee of Om Shree Dham, agnihotra which is a life forming process would neutralize the energy or resonance produced in peppering, which, on the other hand, is a death-enhancing (or life-withdrawing) process.

12. An insight on sunrise. I came across a statement of Podolinsky who is an active leader in biodynamics; it describes what happens during sunrise.... *At night to early day, the coldest time is at sunrise...in that moment something happens. It sounds though nothing is heard with the ear. At that moment a shock-wave arises in the air, wind chill arrives and thus momentarily it is colder.* This is just to illustrate that indeed there is a transition moment and something different and extraordinary happens.

13. The meaning of the mantras. I got the materials below from the internet some time back. (I missed noting the source in a number of them). There are many more if you search the internet.

I.

Evening Agnihotra mantra:

Morning Agnihotra mantra:

*Agnaye swáhá,
Agnaye idam na mama
Prajápataye swáhá,
Prajápataye idam na mama*

*Sooryáya swáhá,
Sooryáya idam na mama
Prajápataye swáhá,
Prajápataye idam na mama*

Meaning-evening: Unto the fire I am offering all. This offering is not mine it is Thine.

Meaning-morning: Unto the sun I am offering this offering. This is not mine...This is Thine

*Agnaye ... fire
swáhá ... offering
Agnaye ... fire
idam ... this
na mama ... not mine
prajā- ... all the living
pataye ... The Lord
swáhá ... offering
prajā ... all the living
pataye ...The Lord
idam ... this
na mama ... not mine*

*Sooryáya ... sun
swáhá ... offering
Sooryáya ... sun
idam ... this
na mama ... not mine
prajā ... all the living
pataye ... the lord
swaha, ... offering
prajā ... all the living
pataye ... the lord
idam ... this
na mama ... not mine*

Source- <http://www.essenceofparadise.org/agnihotra.html>

II. “... The sunset or evening mantra first line (*Agnaye...*) means “I offer to Agni, this belongs to Agni, this is not mine”. Then the second line (*Prajapataye...*) means “I offer to Almighty Father, this belongs to him, this is not mine”. The sunrise or morning mantra first line (*Suryaya...*) means “I offer to the Sun, this belongs to the Sun, this is not mine”. Those attending the ritual sit near the fire-pot until the sacrifice is burnt. **Sacrifices are offered at the critical moments of sunset and sunrise to the cosmic energy and the life force (sun) and to their earthly representative fire.** *Agnihotra* expresses man’s gratitude to divine energy. Intoning *idam na mama* (this is not mine) at sensitive moments reflects a total submission to mother nature and generates a feeling of detachment from the idea of wealth... “

III. ...Agnihotra Mantras are to be uttered in their original form, that is in Sanskrit. They are not to be translated in any other language because it will destroy original scientific sound waves and frequency patterns. The translated words will be devoid of creating the beneficial vibratory sound waves and hence no benefits can be derived from uttering such words... Agnihotra mantras are to be uttered in such rhythmically balanced tone that the sound vibrates in the entire household. It should not be harshly loud or too weak nor it should be done in hurry. The mantras should be chanted in clear, magnifying and scintillating voice. The words ‘Soorya’, ‘Agni’, ‘Prajapati’ in the mantras are the synonyms of the Almighty. The feeling of total surrender is developed through the utterance of these mantras.

<http://www.somboindia.com/agni1.htm>

IV. Vedas are in Sanskrit which, obviously, is the mother of all languages. In all the other languages words from Sanskrit can be found but words of no other language can be found in Sanskrit. In this language (Sanskrit) specific words create specific sounds which ultimately create a specific effect on the atmosphere. If the word is changed the sound will be different and so will be the effect. Even if there are two words of the same meaning the vibrations created by them will be of different nature and their effects too will be different. Similarly, two words of the same meaning cannot be used in place of each other. For example ‘Agnaye Svaha’ cannot be replaced by ‘Pavakaya Svaha.’ Thus it will be clear that Agnihotra mantras (which are divinely original) cannot be uttered in any other language duly translated nor can be replaced by any other mantra.

The words ‘Agni’, ‘Surya’, ‘Prajapati’ in the Agnihotra mantra denote the Supreme Being and highlight the divine qualities of the Almighty. The meaning of the mantra is: ‘I am offering the oblation to Agni, Surya or Prajapati. This now belongs to Agni, Surya or Prajapati. It is no more mine.’ Though the meaning of all the three words is similar the vibration they create has varied effect on the body, mind and Prana.

It has already been stated earlier that the Agnihotra mantra is the essence of the music or the quintessential sound of the torrent of life sustaining

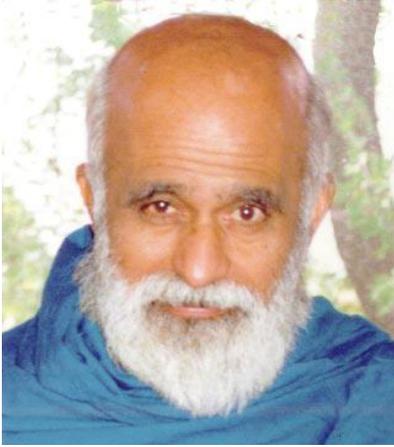
energies emanating from the Sun. Agnihotra mantra uttered at the exact time results in the purification of the atmosphere. If this mantra is translated and uttered in any other language its purifying power cannot be experienced. Uttering of these mantras produce vibrations of Sound and Varna. The word 'Varna' has two meanings - Sound and Colour. Vibrations create energy (power). The scientists today agree that the planet earth has come into existence as a result of vibrational activity. As for sound, the scientists are aware of the good or bad effect of sound vibrations. For example, playing of music encourages the cow to deliver increased amount of milk, the growth rate of plants and trees increases. While crossing a bridge the soldiers are advised to march with an unorderly and unrhythmic step because there are instances when bridges have collapsed due to vibrations produced by rhythmic or orderly march.

http://www.altmedicenter.com/am/agnihotra_homa.asp?pageID=agnihotra_homa4.asp

V. If we expand a bit our context and accept cultural and religious differences, we would be intrigued by the following version of the meaning of the words in the mantra ...“**Agni** (fire), also known as **Surya**, is the deity that represents all the other deities. Agni is said to be the mouth of the gods. Agni is known as the messenger of the gods. Whatever man has to say to the gods, to the higher powers, he conveys it through Agni. All the gods are fed through Agni. Agni is the link with the Supreme Lord of all the worlds. The words “**Sooryáya**”, “**Agnaye**” and “**Prajápataye**” in the mantras are the synonyms of the Almighty. The agnihotra mantras are to be uttered in such rhythmically balanced tone that the sound vibrates in the entire household. It should not be harshly loud or too weak, nor it be done in hurry. The mantras should be chanted in clear, voice. The feeling of total surrender is developed through the utterance of these mantras. The meaning of the word “**swáhá**” (or “offering”) is to dedicate oneself to renounce personal interests and act for the welfare of others. **Swáhá** is the wife of Agni.”

14. **Reinforcing the science of sound.** Here is a link that you might want to check out, just to go into a discussion of the science of sound in farming: <http://www.alkalizeforhealth.net/Lvedicsounds.htm>. It is from a report on the Global Conference on Agriculture. The title is: *New “Unified Field-Based” Approach to Organic Agriculture Will Bring Wealth to Poor Nations and Health to Wealthy Nations*. Therein it says that the “Chemistry of Sound” may be utilized to enliven total natural law in plants to produce maximally nutritious food.

15. **Shree Vasant left his body.** For agnihotra practitioners and advocates, I would like to inform you that Shree Vasant, the person who brought agnihotra and related practices to other parts of the world, passed away last December. I attach his photo below and a part of the write up about him in Satsang Magazine last January 2009...



Shree Vasant

On December 30, 2008, Shree Vasant Paranjpe left the body at Maheshwar, India. Words could never convey the impact of his life on countless people around the world. As an instrument to spread the fivefold path, he served with unwavering devotion, utmost humility, astonishing energy and boundless love, transforming the lives of people from all walks of life as he circled the globe year after year. To write anything about Shree Vasant presents a certain irony, as he so scrupulously avoided personal attention throughout his life of service. He never sought to collect followers. For years, he declined to have his photo in this newsletter (*Satsang*), which he himself founded. Humbly he guided people to focus on the message of yajnya, daan, tapa, karma, swadhyaya--not the messenger. Still, it would be impossible to let this moment pass without highlighting a few things from his life.

In 1970, Parama Sadguru Shree Gajanan Maharaj of Akalkot, India, who resuscitated agnihotra and the fivefold path of Vedas in modern times, commanded Shree Vasant: ***“our words which lead to bliss, convey them to all the people.”***

Thus began Shree Vasant’s thirty-eight years of travel and teaching, of grace and total surrender to the Divine. In 1972 he began teaching in the U.S. In 1973 he became the founder president of fivefold path, inc., a nonprofit organization established in Madison, Virginia. In that same year, Shree Gajanan Maharaj commanded Shree Vasant to start this *Satsang* newsletter. On September 22, 1973, Shree Vasant inaugurated the Parama Dham fire temple in Madison, Virginia, the first fire temple in the world established under Shree Gajanan Maharaj’s dispensation of ancient science of atmospheric purification for the new age. In 1974 Shree Vasant carried the message to Europe. Over the years, his mission also took him to South America, Australia, Africa and Asia. He was instrumental in bringing agnihotra and fivefold path to thousands of people all over the planet. In today’s world, he pioneered the use of homa therapy in agriculture, psychotherapy, alternative medicine, self-development and healing the environment. Under his guidance, homa farms and centers such as Bhругu Aranya in Poland, Om Shree Dham farm in Australia, and Tapovan in India, came forth.

He is the author of *Grace Alone, Light Towards Divine Path, Ten Commandments of Parama Sadguru* and *Homa Therapy, Our Last Chance*.

Glimpses of his life can be found in *Messenger of the Sacred Fire, the Extraordinary Life and Works of Shree Vasant Paranjpe* by Parvati Rosen-Bizberg. In it, a number of people from various countries have shared their experiences with Shree Vasant and the spread of agnihotra around the planet. But perhaps the greater story of his life is just beginning to unfold, as the seeds he planted in the hearts of people the world over continue to grow.

To the reader who may not have met Shree Vasant while he was in the mortal frame, I invite you to meet him through the yajnya fires and his words and teachings. He left behind a wealth of guidance on virtually every aspect of everyday life--practical insight on how to apply the fivefold path principles to daily life, to truly “love thy neighbor as thyself”. *Satsang* will continue to include excerpts from his writings. To the reader who was fortunate enough to meet Shree Vasant on the mortal plane, let us take this occasion to reflect upon his example of humility, compassion, wisdom, unconditional love and total surrender to the Divine. In his footsteps, may we resolve to follow the fivefold path with greater intensity in our lives. To live and spread the simple, powerful message of agnihotra and the fivefold path--the message of total love...

16. A reminder on THE FIVEFOLD PATH. The Fivefold Path is a guide for happy living:

1. Perform ANIHOTRA for purification of the atmosphere which leads to automatic purification of mind.
2. Practice DAAN (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).
3. Practice TAPA (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).
4. Perform KARMA (every action for self purification only and thus no expectations which bind us to the material world).
5. Practice SWADHYAYA (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.

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